



The Dystonia Coalition is an international collaboration of medical researchers and patient advocacy groups with a mission to advance the pace of clinical and translational research in the dystonias to find better treatments and a cure.

## This study is being conducted at

**University of Maryland** 

by:

Dr. Stephen Reich

Coordinator: Kimberly Bambarger Phone: 410-328-1883 kbambarger@ som.umaryland.edu

#### **Central Coordinating Center**

Washington University at St. Louis PI: Joel Perlmutter, MD Coordinator: Jo Wright Phone: 314-362-7148 wrightl@npg.wustl.edu

This consortium (Dystonia Coalition) is a part of NIH Rare Diseases Clinical Research Network (RDCRN). Funding has been provided by U54NS065701 and U54TR001456.

# Natural History & Biospecimen Repository for Dystonia

#### What is dystonia?

A disorder involving excessive involuntary contraction of muscles with repetitive and patterned movements

#### What is the purpose of the study?

To learn more about how dystonia may progress over time and what causes dystonia

### Who are the eligible participants?

- You must be at least 18 years old
- You must be diagnosed with one of the following isolated dystonias:
  - 1. Focal dystonia, including:
    - a) Cranial dystonia/Meige Syndrome (including blepharospasm)
    - b) Jaw or tongue dystonia
    - c) Laryngeal dystonia (including spasmodic dysphonia) with diagnosis confirmed by nasolaryngoscopy
    - d) Cervical dystonia (spasmodic torticollis)
    - e) Limb dystonia (including writer's cramp and musician's dystonia)
  - 2. Segmental or Multifocal Dystonia
  - 3. Generalized Dystonia
  - 4. Hemi-Dystonia
- Or, you could be diagnosed with myoclonus dystonia or dopa-responsive dystonia
- Your last injection of botulinum toxin should be at least 2 months prior to study visit and your dystonia must not be part of another disorder

### What is expected of the participants?

- Answer questions about medical and family history and current state of mind
- Have a neurological exam that will be video recorded
- Donate about 4 Tablespoons of blood
- Consider committing to come back every 1, 2, 3, or 4 years

## How much time does it take to participate in the study?

Each study visit takes about 1 hour.

### Where can you learn more about joining this study?

- Contact your local coordinator
- Contact the Coordinating Center's Coordinator
- www.rarediseasesnetwork.org/dystonia

There is no compensation for participating in this study.