



# UNIVERSITY of MARYLAND CHARLES REGIONAL MEDICAL CENTER

## FACTS

One of the fastest growing counties in Maryland, Charles County is a charming community steeped in culture and history — and University of Maryland Charles Regional Medical Center (UM CRMC) is in the heart of it all. Generations of families have been born in this community hospital and continue to trust the staff with their health and safety. UM Charles Regional has provided excellence in acute health care and preventive services in Charles County and the surrounding communities for more than 80 years.



### MAJOR CENTERS AND SERVICES

In 2022, we continued to expand medical services at the UM Charles Regional Medical Group's Medical Pavilion, opening a new Urology practice to join an existing **Endoscopy Center**, outpatient surgery and existing practices including breast health, primary care, physical and occupational rehabilitation, and the state-of-the-art Bill and Julie Dotson Imaging Center. In July we opened a second **primary care office** in Bryans Road, expanding medical care options for residents of western Charles County.



In partnership with UM Charles Regional Medical Group, UM Charles Regional offers a **women's health** practice in Waldorf and La Plata, a **breast health** practice in La Plata, a **primary care practice** in La Plata, **surgical care** practices in Waldorf and La Plata, a **diabetes and endocrinology** practice in Waldorf, a **gastroenterology** practice in La Plata and Waldorf, a **urology** practice in La Plata and a **behavioral health** practice in La Plata. UM Charles Regional is committed to expanding the number of medical providers serving Charles County.

The **Center for Wound Healing** offers highly specialized treatments for chronic wounds, including negative-pressure wound therapy, bio-engineered tissue, biosynthetic dressings, growth factor therapies, and hyperbaric oxygen therapy.

UM Charles Regional is designated as a **Primary Stroke Center** by the Maryland Institute for Emergency Medical Services Systems, and offers a support group for survivors of stroke or traumatic brain injury and their caregivers.

UM Charles Regional Medical Center offers patients the **Meds to Beds** program, a safe and convenient way to obtain new medications before a patient leaves the hospital. Through this program, a local pharmacy can deliver prescribed medications directly to a patient's hospital room before they are discharged.

### QUICK NUMBERS

- 104 Licensed Beds
- 930 Employees
- 425 Medical Staff

### FISCAL 2022 FIGURES

- 5,492 Admissions
- 48,883 Emergency Department Visits
- 3,598 Outpatient Surgeries
- 1,515 Inpatient Surgeries
- 577 Births





## MAJOR CENTERS AND SERVICES (cont.)

In March of 2022, UM Charles Regional started long-planned renovations to the **Emergency Department**, a two-year capital project that will allow for more efficient patient care and enable the hospital to continue to meet the growing medical needs of Charles County. Improvements to the Emergency Department will include eight rooms equipped to care for patients with behavioral health needs; an expanded, more comfortable waiting area for patients, a dedicated 12-chair area for patients to wait comfortably pending test results; improved nursing hubs that will allow clinical team members to be closer to their patients' rooms, and five additional examination rooms, which will enable the hospital to better accommodate Charles County's growing population.

UM Charles Regional continued to expand the practices of the UM Charles Regional Medical Group to improve access to health care throughout our community. In March, we added a **urology** practice featuring Dr. David Levy, and in August Dr. Jameel Shareef joined our **gastroenterology** providers. In June we expanded our **outpatient rehabilitation center** to include a running center, offering personalized programs for runners to improve performance and prevent injury. June also saw the launch of a specialized **bariatric services program**, helping address obesity, a specific concern cited in our 2021 Community Health Needs Assessment. And our new **urology** practice offers prostrate cryosurgery, a state-of-the-art, minimally invasive procedure to address prostate cancer.

## COMMUNITY MILESTONES

UM Charles Regional and the Town of La Plata teamed up on an education campaign to help people recognize stroke symptoms fast. **Stroke Smart La Plata** is a community effort to increase stroke knowledge with a focus on prevention and early detection, making the county seat Maryland's first Stroke Smart town.

To help mothers and their babies get off to a good start, in April, UM Charles Regional launched Baby Closet, a regional service to assist families with diapers, wipes and more. Located in the Irene Davis Building at 6 Garrett Avenue in La Plata, Baby Closet is a partnership with Maryland Diaper Bank.

## AWARDS

- **Healthgrades** recognized UM Charles Regional as one of America's 100 Best Hospitals for Pulmonary Care in 2022. The award honored the hospital for superior clinical outcomes in treating COPD and pneumonia.
- **US News and World Report** honored UM Charles Regional as a **High-Performing Hospital** for COPD care, care for stroke patients, and for treating kidney failure.
- UM Charles Regional is designated as a **Primary Stroke Center by The Maryland Institute for Emergency Medical Services Systems (MIEMSS)**.
- The **American Heart Association** honored UM Charles Regional with a **Stroke Gold Plus: Stroke Honor Roll award** for its stroke program, and with the **Honor Roll award** for its Type 2 diabetes program.
- The **Maryland Patient Safety Center** named UM Charles Regional a **Circle of Honor winner**, recognizing top solutions in health care. UM Charles Regional was honored for a program improving patient mobility and safety outcomes.
- The **Center for Wound Healing** was honored with two prestigious titles. The center now boasts the honor of being both a **2021 Center of Distinction** and **2021 President's Circle award recipient**.
- UM Charles Regional is a founding member of **Partnerships for a Healthier Charles County**, which serves as a forum for collaboration and information sharing between county agencies and services.

