

**PARTNERSHIPS FOR A HEALTHIER CHARLES COUNTY**  
**Charles County Community Health Improvement Plan 2011-2014**

**3/14/2013  
DRAFT**

Maryland State Health Plan Vision Area 2 – Healthy Social Environment  
Maryland State Health Plan Vision Area 5 - Chronic Disease

**Mental Health Services**

**Goal: Provide Mental health services for all Charles County residents**

**Maryland Vision Area 2 Goal:** Reduce the suicide rate. (9.1 pr 100,000\*\*\*)

**Maryland Vision Area 5 Goal:** Reduce the number of emergency department visits related to behavioral health conditions. (1,146 pr 100,00\*\*\*)

**Healthy People 2020 Goal: MHMD–9:** Increase the proportion of adults with mental disorders who receive treatment.(64.6% or 10% improvement\*\*)

\*Charles County Health Indictors based on Maryland SHIP Objectives

\*\*Healthy People 2020 Objective Topic Areas

\*\*\* SHIP Target Objectives for 2014

**Target Objectives:**

- A. Increase the proportion of adults and children with mental health disorders who receive treatment. Measure of success will be those with depressive episodes who receive treatment from 55% to 60% (BRFSS) and increase in public mental health treatment admission and very satisfied with treatment from 25.5% to 28% (PMHS Outcome Measurement System).
- B. Increase the proportion of persons with co-occurring substance abuse and mental health disorders who receive treatment for both. Measure will be the Crystal Report MARS0002 for Dual Diagnosis with SMI/SED. Decrease by 10% from 2010 baseline of 11.8% to 10.62%.
- C. Reduce the rate of suicide from 12.2 to 9.1 per 100,000 population.

Strategies	Action Plan				
	Who? Will do What? By When?	Resources Needed?	Who Should Know?		
<b>OBJECTIVE A:</b> Increase the proportion of adults and children with mental health disorders who receive treatment. Measure of success will be those with depressive episodes who receive treatment from 55% to 60% (BRFSS) and increase in public mental health treatment admissions and very satisfied with treatment (PMHS Outcome Measurement System).					
Strategy	Activities	Outcome	Responsibility	Resources	Tracking Measures
<b>X Providing Information</b>	-Identify community events to provide information about mental health, wellness, stigma and accessing	Promote mental health awareness and reduce stigma.	Core Services Agency (CSA)	National Alliance for People With Mental Illness (NAMI), Our Place (Freedom	# of events, # persons provided info by CSA  # of participants in

	services; -Mental Health First Aid -print & other media			Landing)	Mental Health First Aid
<b>X Providing Support</b>	NAMI Recovery Support Groups & Family to Family Program; Our Place (Freedom Landing) - WRAP Wellness	Marketing/outreach on behalf; increase participation	CSA; Our Place	National Alliance for People With Mental Illness (NAMI), Our Place (Freedom Landing)	# of events, # of participants as tracked by CSA
<b>X Enhancing Access/ Reducing Barriers</b>	Increase community capacity to provide mental health services including crisis intervention services to reduce ED visits.	Building community capacity to deal with mental health concerns by identifying service gaps, recruiting willing providers, identifying evidence based interventions, implementing targeted services.	CSA; Behavioral Health Team; Access to Care Team; Partnerships for a Healthier Charles Co.		Survey of community needs and gaps in services, development of gap filling services, # of available providers, # of ED visits
<b>X Modifying/Changing Policies</b>	Provide elected officials information about barriers to accessing care, ie. Any willing provider vs. any paneled provider	Identify policy change/or incentive to improve access to care.	CSA; Behavioral Health Team; Partnerships for a Healthier Charles Co.		
<input type="checkbox"/> <b>Enhancing Skills</b>					
<input type="checkbox"/> <b>Changing Consequences</b>					
<input type="checkbox"/> <b>Physical Design</b>					

A. **OBJECTIVE B:** Increase the proportion of persons with co-occurring substance abuse and mental health disorders who receive treatment for both. Measure will be the Crystal Report MARS0002 for Dual Diagnosis with SMI/SED. Decrease by 10% from 2010 baseline of 11.8% to 10.62%.

Strategy	Activities	Outcome	Responsibility	Resources	Tracking Measures
<b>X Providing Information</b>	-Identify community events to provide information about mental health, wellness, stigma and accessing services; -Mental Health First Aid -print & other media  -Educate Civista personnel and county practitioners on behavioral health integration.	Promote mental health awareness and reduce stigma.   Increase county practitioner knowledge of current services and best approaches for identifying mental health disorders in patients.	Core Services Agency (CSA)	National Alliance for People With Mental Illness (NAMI), Our Place (Freedom Landing)	# of events, # persons provided info by CSA  # of participants in Mental Health First Aid  # of practitioners educated
<b>X Enhancing Skills</b>	-Educate county primary care providers and physicians to help them understand behavioral health integration. Educate at hospital, MedChi, etc.	Increase provider comfort in asking patients if they have behavioral health problems.	CSA, Civista		# of providers educated
<input type="checkbox"/> <b>Providing Support</b>	NAMI Recovery Support Groups & Family to Family Program; Our Place (Freedom Landing) - WRAP Wellness	Marketing/outreach on behalf; increase participation	CSA; Our Place	National Alliance for People With Mental Illness (NAMI), Our Place (Freedom Landing)	# of events, # of participants as tracked by CSA
<input type="checkbox"/> <b>Enhancing Access/ Reducing Barriers</b>	Make Charles County a “Walk in any door” community by educating doctors and practitioners about current substance abuse and mental health services.	People will be able to talk to whoever they are comfortable with about their behavioral health problems and they will know where they can get them services.	Behavioral Health Team	Educational materials, staffing	# of practitioners educated on current substance abuse services
<input type="checkbox"/> <b>Changing Consequences</b>					
<input type="checkbox"/> <b>Modifying/Changing Policies</b>					
<input type="checkbox"/> <b>Physical Design</b>					

**OBJECTIVE C:** Reduce the rate of suicide from 12.2 to 9.1 per 100,000 population.

Strategy	Activities	Outcome	Responsibility	Resources	Tracking Measures
<input checked="" type="checkbox"/> <b>Providing Information</b>	-Identify community events to provide information about mental health, wellness, stigma and accessing services; -Mental Health First Aid -print & other media	Promote suicide awareness and reduce stigma.	CSA	CSA, State Suicide Hotline Coordinator, National Alliance for People With Mental Illness (NAMI), CSM	# of events, # persons provided info by CSA  # of participants in Mental Health First Aid
<input checked="" type="checkbox"/> <b>Providing Support</b>	- “Mental Health First Aid” Training – for emergency response personnel, Sheriff’s Officers and Police Officers -Gather more specific information related to suicide incidences in county -survey community capacity to respond to suicide both during crisis and in aftermath	-Community workshop for all Emergency Response Personnel, train a trainer so that the training can be propagated in the county -identify demographics and means of completed suicides to develop targeted interventions and information campaigns	CSA		Trainers trained to provide the training ongoing basis, # of response personnel trained , Survey of community capacity, development of gap filling services,
<input checked="" type="checkbox"/> <b>Enhancing Access/ Reducing Barriers</b>					
<input checked="" type="checkbox"/> <b>Modifying/Changing Policies</b>					
<input type="checkbox"/> <b>Enhancing Skills</b>					
<input type="checkbox"/> <b>Changing Consequences</b>					
<input type="checkbox"/> <b>Physical Design</b>					

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