To Our Patients,

Thank you for being a patient at University of Maryland Baltimore Washington Medical Center. This handout will provide you with instructions for receiving health care assistance once you leave UMBWMC. This handout will also provide you with resources for food, shelter, and emergency assistance. For substance abuse issues, please refer to our Substance Abuse referral packet.

For patients without health insurance benefits we recommend the following:

**Anne Arundel County Warmline: 410-768-5522**

This is the County’s Crisis Response System. They are a crisis/referral line that is available to you 24 hours a day 7 days a week. They provide urgent care appointments with therapists or psychiatrists within a timely manner. They also provide several services including, but not limited to: crisis intervention, help with issues related to homelessness, medication assistance, and on-going outpatient treatment. They are knowledgeable about a variety of services in the county that can assist you.

**Maryland Public Behavioral Health System: 1-800-888-1965**

Optum Health can be reached 24 hours a day. They have access to a long list of behavioral health providers and will give approval for treatment. They do not provide assistance for referrals to substance abuse counseling.

**Chase Brexton Health Care: 410-837-2050**

Locations in AA County, Baltimore, Columbia, Randallstown, Easton
Provides medical, OB/GYN, dental, behavioral health, pharmacy, and case management services.
Accepts: Medical Assistance, Medicare, Private insurance and Sliding scale.

**Suicide Prevention Hotlines**

National: 800-273-TALK(8255) or 800-SUICIDE(784-2433)
Local: Crisis Warmline- 410-768-5522
Maryland Youth Crisis Hotline- 800-422-0009

Should your symptoms worsen and you experience thoughts of suicide and/or homicide, go immediately to the nearest emergency room or call 911. University of Maryland Baltimore Washington Medical Center, Anne Arundel Medical Center and Harbor Hospital can all evaluate behavioral health/psychiatric conditions.
Resources for Obtaining Prescription Medication

- Check with your insurance company to see if you have a prescription benefit.

- www.goodrx.com: This website can assist with showing you the cost and help you find the cheapest place to get the medication and sometimes offers coupons for the medication.

- If you do not have the money to pay for the entire month’s prescription, you may have part of it filled and go back to get the remainder later. Pharmacies vary regarding the price of medication and you may wish to call to compare prices.

- **Anne Arundel County Mental Health Agency  410-222-7858**
  
  If you are an Anne Arundel County resident and are being treated by a psychiatrist and do not have money for psychiatric medications, your doctor or clinic can apply for assistance through the Anne Arundel County Mental Health Agency. First, you must complete the application for Medical Assistance. If you qualify, the AA County Mental Health Agency can send a one-time supply of medication for a month to your provider to then give to you. Ask your psychiatrist or mental health provider to apply. Your provider can then call to further assist you. Patients can call directly for assistance with housing, childcare, and adult aftercare.

- **Crofton Christian Caring Council**

  Churches in the area have formed a consortium to provide emergency services, including prescription help. Please see the website http://www.seaseton.org/outreach/crofton-christian-caring-council.html for information on where and when to go and which church to call. Residents of Crofton, Crownsville, Gambrills, Millersville, and Odenton are served by this council.

- **Department of Social Services** may help with prescriptions for medical problems. They do not assist with psychiatric medication. Anne Arundel County DSS is (410) 269-4500.

- **Drug Company Vouchers**

  Some companies, which produce medication, have financial assistance or vouchers for the medication. Ask your doctor or pharmacy if they have vouchers. You can also ask which drug company makes the medication. Then call the company and see if you there is a prescription assistance program. It may take several weeks to apply for this type of assistance.

- **Healthcare for the Homeless  410-837-5533**

  421 Fallsway Baltimore MD 21202

  Located in Baltimore City, this agency can provide health care and fill prescriptions for you. The physician there must see you before assisting with prescriptions. You must go there to seek assistance in person. You may call for an appointment.

- **Medical Assistance** will cover medications. If you do not have this and wish to apply for Medical Assistance you may apply online or call the Department of Social Services for an application. The Anne Arundel County office located in Glen Burnie can be reached at 410-421-8500.

- **Medicare Part D** covers part of the cost of most prescriptions. You must sign-up for a Part D prescription option. Contact Medicare for more information: 1-800-MEDICARE (633-4227). Have your Medicare number handy.
• North County Emergency Outreach Network (NCEON) 410-766-1826  
Open Monday, Wednesday and Friday 10am-2pm  
304 5th Ave Glen Burnie (at Community Church of God). You must come in person with original prescription and ID. Assistance can be provided every three months for residents of Glen Burnie, Hanover, Harmons, Linthicum, Millersville, Pasadena, Orchard Beach and Severn.

• SPAN  410-647-0889  
Open Monday through Thursday 10am-2pm  
400 Benfield Ave, Severna Park 21146  
Assistance provided once in a 12 month period for residents of Arnold, Broadneck, Millersville, and Severna Park. You must come in person with original prescription and ID. Residents from Fort Meade, Glen Burnie, Linthicum, Pasadena, and Severn provided assistance with referral from North County Emergency Outreach Network NEON (see above). Residents from Crofton, Crownsville, Gambrills, and Odenton provided assistance with referral from Crofton Christian Caring Counsel (CCCC).

• Wal-Mart and Target  has an extensive supply of medications for $4.00 per prescription. CVS, Rite Aid, and Walgreens also have prescription savings programs (UMBWMC has no affiliation with any of these companies)

Health Care Resources

Chase Brexton Health Care 410-837-2050  
Locations in AA County, Baltimore, Columbia, Randallstown, Easton  
Provides medical, OB/GYN, dental, behavioral health, pharmacy, and case management services. Accepts: Medical Assistance, Medicare, Private insurance and Sliding fee scale.

Family Health Centers of Baltimore 410-354-2000  
Multiple locations  
Provides medical, OB/GYN, dental, substance abuse treatment, and mental health services for children and adults who are uninsured. Sliding fee scale.

Total Health Care 410-383-8300  
Multiple locations  
Provides medical, dental, pediatrics and behavioral health.
DAY SHELTERS

Arundel House of Hope 410-863-4888
514 North Crain Hwy Suite K, Glen Burnie MD 21061
(Across from Empire Towers – blue awning on building)

This is a drop-in DAY CENTER for adult men and women in the north county area.
Monday through Friday 8:30 – 5:00pm and Saturday 8:30 – 4pm
Indoor day shelter, safety, shower, used clothing
- Snacks
- Bagged lunch at 4:00 PM
- Assistance provided Monday – Friday to direct clients to program and services, such as Case management services, social services, benefits, and mental health treatment.
- Computers are available for job searches.
- NA meetings are on Tuesdays, Wednesdays, Thursdays, and Sundays. Call for times.
- Mail: The Center may be used as a mailbox address for homeless people, after registering at the center. Mail can be checked from 10am-12pm and 4pm-5pm. Hours may vary when winter relief shelter is in operation.
- Winter Relief Shelter: Arrive at the Arundel House of Hope before 3:00pm (October-April) to be screened for admission to the Winter Relief Shelter. If accepted a van will transport clients to a church for the night for shelter. The shelter will be hosted by a different church each week.

Emmaus Center 410-766-7729
400 Crain Hwy S, Glen Burnie, MD 21061 (Park in Rear)
Provides canned foods, meals, clothing, counseling for mental health/substance abuse issues, life skills education and referrals for financial assistance and social services. Spiritual direction is offered to those who seek it; it becomes central in many of the lives at Emmaus Center, especially for those who have entered into a program of recovery. We believe that people will rise to a better life when they begin to believe they have something of value to give back by serving others.

Lighthouse: A Homeless Prevention Support Center 410-349-5056
10 Hudson Street, Annapolis, MD 21401
Provides a structured environment with professional clinical services to promote behavioral change and recovery. Services include: food program, case management and client service plans, homeless prevention, employment resource center, outreach program and financial literacy program
EMERGENCY ASSISTANCE PROGRAMS

Anne Arundel County Department of Social Services
Glen Burnie    410-421-8500
Annapolis       410-269-4500
Ask for “Service Worker.” Must report in person for assistance. Eligibility for services is based on income and may include emergency shelter, assistance with housing, food stamps, and referrals for other services.

Anne Arundel County Food Banks 410-923-4255

Crofton Christian Caring Council
Churches in the area have formed a consortium to provide assistance for utility shutoff notices, fuel stoppages due to nonpayment, eviction notices, and medical prescriptions. Please see the website http://www.seaseton.org/outreach/crofton-christian-caring-council.html for information on where and when to go and which church to call. Residents of Crofton, Crownsville, Gambrills, Millersville, and Odenton are served by this council.

North County Emergency Outreach Network (NCEON), excludes Brooklyn  410-766-1826
304 5th Avenue SE. (at Community Church of God)
Glen Burnie, MD 21061
Mon-Wed-Fri 10:00AM- 2:00PM
Serving residents of Glen Burnie, Hanover, Harmons, Linthicum, Millersville, Pasadena, Orchard Beach and Severn. Must show identification. Call ahead for assistance with emergency food. Other assistance includes help with eviction notices, utility shut off notices, fuel, medications, shopping assistance, intervention for battered persons, budget counseling and pastoral counseling.

Salvation Army
351 Hilltop Lane, Annapolis 410-263-4091
511 South Crain Hwy, Glen Burnie  410-768-0477
Must be a resident of Anne Arundel County. No fee. Provides social services assistance, such as clothing and financial assistance. NO prescription assistance. You will need picture ID, social security card, proof of income and a lease.

SPAN 410-647-0889
400 Benfield Rd, Severn Park, MD 21146
Assistance provided once in a 12 month period for residents of Arnold, Broadneck, Millersville, and Severna Park. You must come in person with prescription and ID. Residents from Fort Meade, Glen Burnie, Linthicum, Pasadena, and Severn provided assistance with referral from North County Emergency Outreach Network NEON (see above). Residents from Crofton, Crownsville, Gambrills, and Odenton provided assistance with referral from Crofton Christian Caring Counsel (CCCC).
**Mental Health Crisis Lines**

Anne Arundel County Warmline 410-768-5522  
Baltimore City Crisis Response 410-433-5175  
Baltimore County Crisis Response 410-931-2214  
Howard County Grassroots 410-531-6677

**Shelters**

YWCA Domestic Violence Shelter  
Hotline: 410-222-6800 (For women and children in domestic violence situations)  
Department of Social Services 410-421-8400 (evenings, weekends/holidays)  
Salvation Army 410-768-0477  
Winter Relief Shelter (Oct-Apr) 410-863-4888 (screening at Salvation Army-514 Crain Hwy)  
Fouse Center for Men 410-609-1224  
Sarah’s House 410-421-8481 (referral needed from Dept. of Social Services)  
Light House 410-263-1835  
Baltimore Rescue Mission Shelter 410-342-2533

**Food Pantries and Soup Kitchens**

The following pantries are run by various churches and tend to serve their local area only. Please call ahead to ensure you are in their service area.

<table>
<thead>
<tr>
<th>Pantries</th>
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<tbody>
<tr>
<td>ACAN 429 Asbury Drive Severna Park 410 647 7667 Mon, Tues, Weds 10am-2pm</td>
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<tr>
<td>All Hallows 3600 Solomons Island Road Edgewater 410 798 0808 3rd Mondays 9:30-11:30</td>
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<tr>
<td>Asbury Broadneck 657 Broadneck Road Annapolis 410 751-7480 2nd &amp; 3rd Fridays 11:30-1pm</td>
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<tr>
<td>Arundel Christian Church 710 Aquahart Road Glen Burnie 443 878 2661 Tuesdays or call for emergency 10-12:30</td>
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<tr>
<td>Asbury West ST. 87 West Street Annapolis 410 268 9500 Tues, Weds, Fri 9-1:00</td>
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<tr>
<td>Brooklyn UMC 110 Townsend Avenue Baltimore 410 789 3688 2nd &amp; 4th Thurs/ 4th Tuesdays 10-12:00</td>
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<tr>
<td>Community United Methodist Church Pasadena 8680 Fort Smallwood Road Pasadena 410 255 1506 Tues &amp; Thurs 10:30-12:30</td>
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<tr>
<td>Christian Assistance Program (CAP) 1215 Old Camp Meade Road Severn 410 760-0485 Tues 11-1pm</td>
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<tr>
<td>Crofton Christian Caring Counsel (CCCC) 1800 Seton Dr Crofton 410 721 5770 Mon, Weds, Fri / 1st Sunday 10-12:30</td>
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<tr>
<td>Cecil Memorial 15 Parole Street Annapolis 410 266 5651 4th Friday 9-11am</td>
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<tr>
<td>Eastport UMC 926 Bay Ridge Avenue Annapolis 410 263 5490 3rd Weds 12-2pm</td>
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<td>Fowler UMC 816 Bestgate Road Annapolis 410 224 2149 3rd Weds 11-2 pm</td>
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<tr>
<td>Fellowship of Pentecostal Churches 8762 Quarterfield road Severn 410 697 3468 Tuesdays 2pm-4pm</td>
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<tr>
<td>Ferndale UMC 117 Ferndale Rd Glen Burnie 410 761-2880 Wednesdays 2-3:30pm</td>
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<tr>
<td>First Baptist of Eastport 208 Chesapeake Avenue Annapolis 410 263 7378 Tuesdays 10-12 noon</td>
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<tr>
<td>First Baptist of Annapolis 31 West Washington Street Annapolis 410 268 5532 Saturdays 11-1pm</td>
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<tr>
<td>Gateway 966 Point Pleasant Road Glen Burnie 443 802 2882 2nd Saturdays 10am-12 noon</td>
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<tr>
<td>Hands and Feet for Jesus 7378 E. Furnace Branch Rd. Glen Burnie 410-456-4251 4th Saturday of the month 12 noon</td>
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<tr>
<td>Harundale Presbyterian 1020 Eastway Glen Burnie 410 766 4338 Tuesdays 12:30-1:30</td>
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<tr>
<td>Heritage Baptist Church 1740 Forest Drive Annapolis 410 263 6680 Tues, Thurs 9-11am</td>
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<tr>
<td>Heritage Community Church 8146 Quarterfield Road Severn 410 551 8500 Fridays 10-11:30</td>
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<tr>
<td>John Wesley UMC 6922 Ritchie Highway Glen Burnie 410 766 6981 1st Friday 5-6pm</td>
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<tr>
<td>Kingdom Celebration 1350 Blair Drive #H Odenton 443-816-8375 Tuesdays 11-1pm</td>
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<tr>
<td>Lighthouse Shelter 10 Hudson Street Annapolis 410 349 5056 Tues, Weds 2-4pm</td>
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<tr>
<td>Life of Victory Church 9A Central Ave. Glen Burnie 443 742 3672 Tues, Thurs, Elderly Delivery 9-11am &amp; 6-8 pm open to all</td>
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**Soup Kitchens**

- **Arundel Christian Church** 710 Aquahart Rd. Glen Burnie Monday-Wednesday 9-2pm
- **Asbury United Methodist Church** 87 West St. Annapolis 410-268-9500 Saturday 8-11am
- **Brooklyn Heights UMC Brooklyn** 410-789-3688 Wednesday 10-12 and 12-1pm Sunday breakfast 10-12pm
- **Emmaus Center** 400 Crain Highway Glen Burnie 410-766-4338 Monday-Friday 7-2pm
- **First Baptist of Annapolis** 31 Washington Street Annapolis 410 268 5532 Sat & Wed 11-1 pm
- **Harundale Presbyterian** 1020 Eastway Glen Burnie 410 766 4338 Mon-Thurs 12:30-1:30
- **Lighthouse Shelter** 10 Hudson Street Annapolis 410 349 5056 Mon-Sunday Breakfast, Lunch, Dinner
- **Life of Victory Community Church** 41206 Headquarters
- **Revolution Church** 1014 President St Annapolis 410 263 6121 Every other Saturday 12-5pm
- **Pasadena SDA Lifestyle** 10 Seaborne Drive Pasadena 443 668 3979 Mondays 11am-1pm
- **Winning Souls Evangelistic Church/Helping Hands** 2322 Mountain Rd Pasadena 410 437-0137 Monday Wednesday Friday 12 noon

**Pet Pantries**

- **Animal Control** 411 Maxwell Frye Road Millersville 410 222 8900 By Appointment By Appointment
- **SPCA** 1815 Bay Ridge Avenue Annapolis 410 268 4388 By Appointment By Appointment

**Baby Pantries**

- **Heritage Baptist** 1740 Forest Drive Annapolis 410 263 6680 Tues, Thurs 9-11am
- **Salvation Army** 351 Hilltop Lane Annapolis 410 263 4091 Mon-Fri By Appt./ Tuesday & Thursday 8:30-4:30
- **Lighthouse Shelter** 10 Hudson Street Annapolis 410 349 5056 Mon-Sunday Breakfast, Lunch, Dinner
- **Community United Methodist Church** Pasadena 8680 Fort Smallwood Road Pasadena 410 255 1506 Tues & Thurs 10:30-12:30

**Clothing Pantries**

- **Christian Assistance Program (CAP)** 1215 Old Camp Meade Road Severn 410 987 1043 Tues/ Thurs 11-1pm/ 3pm-5
- **Emmaus Center** 407 South Crain Highway Glen Burnie 410 766 7729 Mon-Friday 7:45-12 noon
- **Revolution Church** 1014 President St Annapolis 410 263 6121 Every other Saturday 12-5pm
- **Heritage Community Church** 8146 Quarterfield Road Severn 410 551 8500 Fridays 10-11:30
- **John Wesley UMC** 6922 Ritchie Highway Glen Burnie 410 766 6981 1st Friday 5-6pm
- **Kingdom Celebration** 1350 Blair Drive #G Odenton 410 672 2003 Tuesdays 11-1pm
- **Life of Victory** 9A Central Ave. Glen Burnie 443 742 3672 Tues, Thurs, Elderly Delivery 9-11am & 6-8 pm
- **Lighthouse Shelter** 10 Hudson Street Annapolis 410 349 5056 Tues, Thurs 2-4pm/5-7pm
- **Lutheran Mission Society** 230 West Street Annapolis 410 269 5016 Wednesday 9am-11am