



# WELCOME TO MARYLAND



**THE DEPARTMENT  
OF NEUROSURGERY**

*Guide To Maryland Living*

RESIDENCY EDITION

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# THE OLD LINE STATE & CHARM CITY



***WELCOME TO THE UNIVERSITY OF MARYLAND DEPARTMENT OF NEUROSURGERY!***



We could not be more excited for you to join us at Maryland Neurosurgery! But before you become a full-fledged, Old-Bay-loving, blue-crab-eatin' Marylander, we'd like to take a moment to show you just how amazing this state is!

This guide will give you an at-a-glance look at a few of our recommendations on childcare, schools, restaurants, attractions, entertainment, and health-care providers (faculty-endorsed, of course).

Even though Maryland is the 9th smallest state in the nation, it is home to an expansive variety of landscape and climate types. From the sandy dunes of Assateague Island, to the breathtaking Appalachian Mountains, Maryland is deserving of its nickname: "America in Miniature."

Baltimore, the state's largest city, is nestled in the middle of the state on the northern end of the Chesapeake Bay. Baltimore is a modern metropolis filled with an eclectic variety of diverse neighborhoods and cultures.

During your seven-year residency, we want you to feel right at home here in Maryland. So sit back, relax, and let us show you just how much our beloved community has to offer you!



## EASTERN SHORE

Discover a patchwork landscape of charming small towns draped across the pristine beauty of Maryland's Eastern Shore. Experience the shore's centuries-old tradition of hospitality served with a heaping side of authentic Maryland seafood such as crabs, oysters, and rockfish! Home to the Chesapeake Bay, the waters touch the beach of Assateague Island and Ocean City, where you will never tire of fun and enjoyment for the whole family.

## SOUTHERN MARYLAND – HISTORIC ST. MARY'S CITY

Unspoiled woodlands meet rolling farmland on the banks of the Chesapeake Bay, here, in the birthplace of Maryland. Visit the states' first capital, Historic St. Mary's City, founded in 1633, and explore Civil War history where the Potomac kisses the Bay at Point Look Out State Park. Calvert Cliffs State Park is a favorite amongst fossil hunters, which is home to over 600 species of fossil.

## WESTERN MARYLAND – DEEP CREEK

If you thought Maryland was solely comprised of Civil War battlefields and Old Bay, then think again! Western Maryland is the ideal playground for outdoor adventurers and the like, who seek to experience the vastness of the Appalachian mountains and its hilly, rural landscape. In the summer, test out the cool waters of Deep Creek Lake, and in the winter, hit the slopes at Wisp Ski Resort of McHenry – Western Maryland accommodates all four seasons perfectly.

# AMERICA IN MINIATURE

## CAPITAL REGION – FREDERICK

Be open for a bit of hip, and a bit of historic. In Fredrick, we've got our own minor league baseball team (*go Keys!*), a downtown district that's been named one of the "Prettiest Painted-Places in America," and even a hip restaurant owned by a bonafide Bravo TV star lives here! Don't even get us started on the Catocin Wildlife Preserve – you really just have to come see Fredrick for yourself to believe it.





# CITY LIVING



## MT. VERNON/MIDTOWN

Mount Vernon in Central Baltimore offers some of the best conveniences of urban living. The lively neighborhood is close to cultural amenities, dining, nightlife, and shopping. Living spaces include: single-family Victorian rowhomes, carriage houses, condominiums, apartments, and several high-rises. Residents enjoy having a wide array of art and entertainment services just steps from their front doors.

## FEDERAL HILL

Federal Hill is a popular area in South Baltimore named for the hill at the northern edge of the neighborhood. Home styles include luxury condos, historic brick rowhomes, new-construction townhomes and apartments. Though it is designated as a federal historic district with strict preservation and urban renewal requirements, most residences have been rehabbed in the past couple of decades. Residents enjoy easy commutes by car or public transportation, dozens of events in the nearby Inner Harbor and the amenities of two nearby public parks.



## HARBOR EAST/INNER HARBOR

The Inner Harbor in Downtown Baltimore is the city's biggest and most popular tourist attraction, but the area surrounding it includes a variety of residences. High-rise condominiums and apartments with waterfront views offer a premier urban living environment. Residents enjoy easy access to public transportation, including the free Charm City Circulator, shopping, dining, and nightlife at their fingertips.

## FELL'S POINT

Fell's Point is a historic waterfront community in Southeast Baltimore. Fell's Point was established in 1763, boasting more than 161 buildings on the National Historic Register, and is the oldest standing residence in Baltimore City. Residents and visitors alike still enjoy hundreds of years of historic charm, unique retail shops, restaurants and pubs set among the neighborhood's Belgian block streets.



**LIVE Baltimore**  
CITY LIVING STARTS HERE



*Live Baltimore Home Center Inc. is a reliable resource for prospective homebuyers who are looking to live in the city! Click on their logo to check out their website!*



# CITY LIVING



## HAMPDEN

Hampden in North Baltimore is a quirky neighborhood of rowhomes and townhomes. The area is great place to live, work and play, with multiple green spaces and even a skate park. Residents enjoy being close to its Main Street, known as "The Avenue," which offers many stores and restaurants and plays hosts to annual special events like the Hon Fest and the Mayor's Christmas Parade. Make sure to stop by 34th Street each year for the annual Miracle on 34th Street celebration. Neighbors on this block go all out in decorating their homes for the holidays to the enjoyment of thousands!

## WASHINGTON VILLAGE/PIGTOWN

Washington Village/Pigtown in Central Southwest is an affordable neighborhood close to the many amenities of Downtown and the Inner Harbor. The neighborhood is gaining in value and attractive to students, retirees, singles, young couples and parents! With a very involved community, Pigtown is welcoming more new residents, businesses and organizations each year and there's no shortage of things to do in the neighborhood. Residents enjoy shopping its quaint commercial corridor around Washington Boulevard, known as Pigtown Main Street, easy access to public transportation, major commuting routes and stadiums and coming out for the annual Pigtown Festival.



## CANTON

Canton In Southeast Baltimore is a popular neighborhood for young professionals and newcomers. The waterfront community offers convenient access to shopping, dining, nightlife and recreation. Residents enjoy easy access to two public parks that host a vast array of festivals, summer concert series and community fitness classes as well as a lively community square all within walking distance. Homes range from the traditional Baltimore rowhouse to large, new-construction townhomes, waterfront condos and apartment buildings.

## BOLTON HILL

Bolton Hill resides in West Baltimore, a historic neighborhood situated right in the middle of the city. The urban neighborhood is made up of restored mid-to-late 19th century townhouses, urban mansions, churches, and public buildings. Residents enjoy tranquil, tree-lined streets, peppered with urban parks, historic fountains, and grand monuments which complement the period architecture.



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CITY LIVING STARTS HERE



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# BALTIMORE SUBURBS

*There are many suburbs in the Baltimore area that are not only affordable, but easily accessible, within drivable distance to Baltimore City.*

*Baltimore County is located in the center of the state of Maryland. It surrounds Baltimore City, and the county is the third-most highly populated in the state. Some of the best places to live in Baltimore County are suburbs of the city and include Lutherville, Towson, and May's Chapel. Attributes of these communities include their median household income, low crime rates, and good schools.*

*Howard County is another great county to look at: designated as an "All-America County," it is one of the nation's most outstanding places to live, work, and play. Howard County is a balanced blend of pastoral farms, historic towns, and urban lifestyles. Columbia and Ellicott City were named first in "America's Best Places to Live" by MONEY magazine.*



## LUTHERVILLE & TIMONIUM

Lutherville and Timonium have some of the best-rated public schools, not just in Baltimore County, but in Maryland. Lutherville was originally founded in the 1800s as a summer resort. Many of the homes in the community are historic, dating back before World War I. There's a sense of small-town charm in Lutherville that residents find appealing. Despite this, it's not far from Baltimore if you have to commute. 84% own their own homes, and the median home value is well above the national average.

## TOWSON

Towson is home to Towson University, which is the second-largest university in Maryland. As a result of the university, there are a lot of apartments available if you're a renter. Around 57% of residents of Towson are homeowners, and 43% are renters. There are a lot of shopping and dining options in the community as well. The economy is strong, with a median household income that's above the national average. Public schools are well-rated in Towson, including Eastern Technical High School, Dulaney High School, and George W. Carver Center for Arts & Technology.



## COLUMBIA

If living in a diverse community is atop your priority list, then Columbia, Maryland could be the place for you. Located in Howard County and a 30-minute drive from Baltimore, this planned development, which was built in the 1960s, is known for great socioeconomic and racial diversity. The community is made up of 10 villages and has strong schools and robust economic growth. The average graduation rate in Columbia is a high 92.3%.

## ELKRIDGE

Less than a 20-minute drive from Baltimore, Elkrige boasts suburban neighborhoods of well-maintained homes. It has an average rent of around \$1500 for a one-bedroom depending on included amenities. Residents enjoy a variety of top-rated public outdoor options, including Patapsco State Park and Rockburn Branch. Elkrige is a great option for tenants looking to commute to Baltimore with ease.



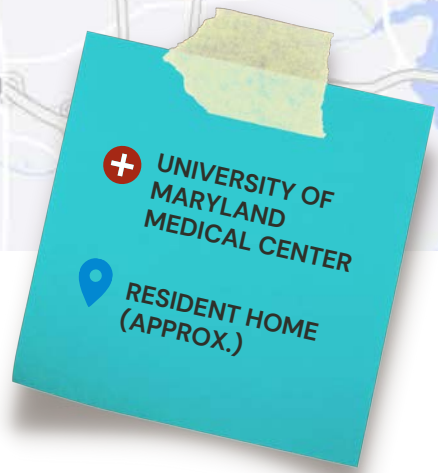
# WHERE OUR RESIDENTS LIVE



Resident #1: "Baltimore's suburbs are great, especially if you have kids! I live in Catonsville, which is perfect for our family of three. I own a house in the 'burbs (I mow the lawn and everything), while being only 18 minutes from the hospital."

Resident #3: "We chose Canton for its walkability and abundance of restaurants, stores, and greenspace. Plus, it takes me less than 15 minutes to get to UMMC everyday. I would recommend Canton to anyone!"

Resident #2: "I love living in the city. I'm within walking distance to the hospital. Pierside is a great neighborhood, not to mention, I have an amazing water-front view as well."





# BALTIMORE ENTERTAINMENT & EVENTS



## SPRING

[Opening Day at Camden Yards](#)  
[Charm City Bluegrass Festival](#)  
[Maryland Film Festival](#)  
[Flower Mart](#)  
[Kinetic Sculpture Race](#)  
[The Preakness Stakes](#)  
[HonFest](#)

## SUMMER

[Artscape](#)  
[AFRAM](#)  
[Baltimore Washington One Caribbean Festival](#)  
[Fell's Point Fun Festival](#)  
[Baltimore Pride](#)  
[Cherry Hill Arts & Music Waterfront Festival](#)



## FALL

[Hampdenfest](#)  
[Modonnari Arts Festival](#)  
[International Edgar Allan Poe Festival and Awards](#)  
[Baltimore Running Festival](#)  
[Pigtown Festival](#)  
[Great Halloween Lantern Parade and Festival](#)

## WINTER

[Miracle on 34th Street](#)  
[German Christmas Village](#)  
[Winter Restaurant Week](#)



VISIT  
BALTIMORE



Visit [baltimore.org](http://baltimore.org) to check out all of what Baltimore's has to offer!





# BALTIMORE EATERIES

AZUMI

BARCOCINA

BLUE PIT BBQ

BODHI CORNER

CAFÉ DEAR LEON

CLAVEL

DI PASQUALE'S

EKIBEN

FORAGED

FORNO

GOLDBERG'S BAGELS

JBGB'S

LA BARRITA

LA TAVOLA



LEBANESE TAVERNA

MT. VERNON MARKETPLACE

NEOPOL

PETIT LOUIS BISTRO

TAHARKA BROTHERS

TAPAS TEATRO

THAMES STREET OYSTER HOUSE

THE BLUEBIRD

THE BREWER'S ART TAVERN

THE BYGONE

THE ELK ROOM

THE FOOD MARKET

THE HELMAND

THE WURST

ZELLA'S PIZZERIA



# BALTIMORE RESOURCES

## HEALTH CARE

### PEDIATRICS

Dr. Kenneth Tellerman | 410-243-8632 | Baltimore  
Dr. Timothy Doran | 443-849-4000 | Towson  
Dr. Ashanti Woods | 410-500-5500 | Baltimore

### PRIMARY CARE/FAMILY MEDICINE

Dr. John Allen | 667-214-1515 | UMMC  
Dr. Amy Byrd | 410-583-7116 | Lutherville  
Dr. Jung-Soo Hong | 667-214-1515 | UMMC

### DERMATOLOGISTS

Dr. Zaineb Hassan Makhzoumi | 667-214-1195 | UMMC  
Dr. Mark Lowitt | 410-321-1195 | Towson  
Dr. Douglas Buethe | 443-351-3376 | Baltimore

### GENERAL OBSTETRICS

Dr. Sarah Crimmins | 667-214-1300 | UMMC  
Dr. Marielle Gross | 410-601-5530 | JHH  
Dr. Shillena Peters-Gill | 410-737-5450 | Baltimore

### DOWNTOWN BALTIMORE CHILD CARE

Two blocks from UMMC. They serve children from 12 weeks through Pre-K, and are heavy on learning-through-play. The center shies away from rote memorization, as well as screen time.

### LA PETITE ACADEMY

Locations in Baltimore, Towson, Columbia, and Ellicott City. The STEM-inspired curriculum integrates the core principles of science, technology, engineering, and math throughout classroom areas and daily routines.

### BOLTON HILL NURSERY

A play-based nursery school and childcare program for pre-school-aged children. Distinguished staff offer a rich and engaging curriculum to children ages 2, 3, and 4.

### PLAY CENTERS, INC.

Program design has a strong emphasis on learning through play as well as opportunities for discovery, hands-on-activities, and guided choices which serve to enrich learning.

## CHILD CARE

## COMMUNITY

### PARKS & RECREATION

[Museums & Cultural Amenities](#)  
[Parks & Trails](#)  
[Recreation](#)  
[Community Engagement](#)  
[Free Library Access](#)  
[Transportation & Parking](#)  
[Outdoor Facilities](#)  
[Sport Facilities](#)  
[Special Events & Programs](#)  
[Forestry & Tree Services](#)

### CITY SERVICES

[Water Bills](#)  
[Trash & Recycling](#)  
[Baltimore Gas & Electric Co.](#)  
[Baltimore 311](#)

### SCHOOLS

[Public Zoned Elementary Schools](#)  
[Public Charter Schools](#)  
[Private Schools](#)

### BUYING & RENTING

[Finding a Real Estate Agent](#)  
[Getting a Mortgage](#)  
[Down Payment & Closing Costs](#)  
[Renovation](#)

### SAFETY

[Baltimore City Police Crime Stats](#)  
[Neighborhood Associations](#)  
[Baltimore City Legal Services](#)  
[Emergency Responses](#)



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