



University of Maryland Pediatric Residents – Class of 2026

Rachel Castillo, M.D.

Medical School: St. George's University School of Medicine



Hi friends! My family is from the Dominican Republic, but I was born in Nashua, NH and moved to Maryland when I was eight years old. I attended Southeastern University in Florida and graduated with a degree in Biology/Pre-Medicine. After graduating, I moved to Baltimore to pursue a masters degree in Epidemiology from JHSPH and developed a desire to work with underserved communities particularly those in the Latinx/Hispanic community. The city I explored as a child during field trips (yay National Aquarium and Maryland Science Center) became my beloved home for the next three years and as I left for medical school, I knew that I wanted to come back as a physician. I attended St. George's University School of Medicine and was absolutely thrilled to find out I matched at UMMC and was coming home. During my spare time, I love exploring/finding local coffee shops and small businesses, baking my famous banana bread, spending time with friends and family, finding the best Korean food and pastries, and watching sports (baseball or soccer preferentially). I'm so excited to be back in Baltimore and to serve our kiddos, their families, and the surrounding community over the next few years. I hope to specialize in neonatology following residency, but for now, one day and one block at a time.

Nidhi Dhemman, D.O.

Medical School: West Virginia School of Osteopathic Medicine



I am from Montgomery County, Maryland (Germantown/Clarksburg). I attended University of Maryland Baltimore County (UMBC) for undergraduate. Immediately after, I attended Johns Hopkins University earning a masters in biotechnology with a concentration in health science. After finishing there, I worked as a research fellow at the Food & Drug Administration (FDA) where I heavily researched investigational new drug applications in the antibiotic drugs department. I researched and published a paper on 40 years of antibiotic drug development application patterns through the FDA, attempting to pinpoint why there has been a slowdown in the antibiotic drug development world, while resistance continues to build. I left the FDA to pursue my medical education in WV, but quickly came back home to MD for my rotations and now residency! I am interested in community advocacy, general pediatrics, and hospitalist medicine, hoping that residency can help me figure out the perfect balance between it all!

I am happily married to my college sweetheart, Ethan, who is a UMD law school graduate and now a patent lawyer. Outside of work, I love having an active social calendar with my husband, family, and friends. I enjoy exploring new restaurants and eating food (amateur foodie over here), hiking, and traveling. I also love watching TV so please send me all your recommendations, I am a die-hard The Office fan! I am excited to train and practice back in my home state in a city that has meant so much to me!

Ghazal Farajzadeh, M.D.**Medical School:** Florida State University College of Medicine

I was born and raised in Miami, FL. I went to University of Florida for undergrad and did a masters at the University of South Florida. I took a gap year doing neurology research before attending Florida State University for medical school. My boyfriend and I couples matched at UMMC and he is a Neurology resident here at UMMC. This is my first time living outside of Florida and I'm excited to finally experience different seasons! Outside of work, I love checking out new places and I'm always open to recommendations. I'm an avid cook and baker so if you have any requests—let me know!

**Kaitlin Griffin, M.D.****Medical School:** Louisiana State University School of Medicine in New Orleans

Hi everyone! I am from New Orleans, Louisiana and completed my undergraduate degree and medical degree at Louisiana State University (GEAUX TIGERS!). Outside of the hospital, I love to read, watch movies, and enjoy musical theatre. I love to sing and dance, both in and out of the hospital! I am so excited to explore the city of Baltimore and to learn from all of the wonderful people of Maryland.

**Mackenzie Isbell, M.D.****Medical School:** University of Colorado School of Medicine

I am from Colorado Springs, Colorado which is located about an hour south of Denver. I went to Colorado State for undergrad (Go Rams!), where I majored in Biomedical Sciences. After undergrad, I took a gap year and worked with children between the ages of 5-18 on a military base. For the past four years, I attended the University of Colorado School of Medicine in Denver.



When I am not in the hospital, I like to thrift - primarily at the Goodwill Outlet, indoor cycle, read (I've read 20 books so far this year), try new recipes, and watch anime. I am always looking to try new workout studios/classes, so reach out if you have any recommendations. I love kids and am excited to be a part of the University of Maryland!

Vashali Jain, M.D.**Medical School:** Virginia Commonwealth University School of Medicine

I was born in New Delhi, India, but my family moved out when I was 6 months old. We hopped around from Indonesia to Atlanta, Albany, and Dallas before settling in Virginia, where we have been for the past 20 years. Then I went to undergrad at the University of Virginia, where I was a neuroscience major, and ended up at Virginia Commonwealth University for medical school. I am venturing slightly north to Baltimore for residency and loving the city so far. I am excited to serve the Baltimore community and cannot wait to know the city more. In my spare time, I enjoy cooking, baking, dancing, taking walks around Patterson Park, and playing pickleball in my spare time.



Maisha Khan, M.D.**Medical School:** Albany Medical College

My family is originally from Bangladesh, but I was born in Yonago, Japan before briefly living in Bangladesh and moving to Maryland at age three. I grew up in Frederick, Maryland and attended Hood College there for my undergraduate degree in Biochemistry. I attended medical school at Albany Medical Center in New York. Now, I am excited to be back in my home state for residency!



I am currently most interested in outpatient general pediatrics for my future career, but I am keeping an open mind as I move through training. Outside of work, I love reading fiction, watching period dramas, and channeling my inner chemist by baking. I also enjoy embroidery, crocheting, and knitting; I am always on the lookout for new patterns! Now, as a resident of Baltimore, I look forward to exploring my new city. I am excited to visit farmer's markets and shows at the Hippodrome!

Daniela Lin, D.O.**Medical School:** New York Institute of Technology College of Osteopathic Medicine

Hello! I was born in Baltimore and raised in Columbia, MD. I went to the University of Maryland, College Park for undergrad and majored in Biological Sciences with a minor in Chinese Language. I have always loved working with kids and have volunteered at multiple children's services at churches for the past 13 years! I took 2 years off between college and medical school to be an emergency department scribe in Baltimore and also work with international students at UMD to help them transition to life in the US. I went to New York Institute of Technology College of Osteopathic Medicine for medical school and basically ate my way through New York City for a few years. I am so excited to return back to my home state and take care of the kids in Baltimore! Outside of medicine, I am a huge foodie and always looking for new restaurants and bars. I also love baking, being a plant mom, cross-stitching, expanding my way-too-big candle collection, hiking, and playing the violin.

**Kirthi Machireddy, D.O.****Medical School:** Edward Via College of Osteopathic Medicine – Virginia Campus

Hello! I was born and raised in Howard County, Maryland my entire life. I attended the University of the Sciences in Philadelphia for undergrad where I majored in Biology, in the 8 year BS/DO program. I spent my time volunteering as a bedside buddy at the Children's Hospital of Philadelphia throughout undergrad, and this experience solidified my interest in wanting to become a pediatrician. I attended medical school at VCOM with the hopes of becoming a pediatrician. My interests lie in advocacy and primary care – I love being involved within the American Academy of Pediatrics. Outside of medicine, I enjoy playing tennis, pickleball and interior designing! I am excited to be spending the next three years back home at the University of Maryland learning all about Pediatrics!

**Sara McCann, D.O.****Medical School:** Rocky Vista University College of Osteopathic Medicine

Hello! I was born and raised in Richmond, Virginia. I moved to Colorado for my undergraduate studies at the University of Colorado and then returned to Denver for medical school. In between my undergraduate and medical studies, I spent about four



years trying to figure out what I wanted to do with my life! During this period, I spent time as an au pair in Spain, served and managed at a restaurant (where I met my fiancé!), worked at a primary care clinic and found my passion in pediatrics while doing a summer internship with World Pediatric Project in my hometown. One of the things that drew me to the University of Maryland and Baltimore was the sense of community and warmth that I sensed on my interview day and while visiting. I am very excited to be here! Outside of medicine, I love running, biking, and hiking (really anything outdoors!), eating spicy food, and most importantly, my dog, Berry.

Janie Outlaw, M.D.

Medical School: St. George's University School of Medicine



I am originally from Baltimore, MD, but I left after high school graduation to attend North Carolina Central University in Durham, NC. After undergrad, I stayed in NC for nine years! During that time, I attended NC State University for my master's degree and was a medical scribe for a few years in a family medicine clinic. It has always been my goal to return to my hometown and serve my community, and I am excited to do it in West Baltimore, where my family is from (and the majority still live). I live by the motto, "You have to eat to live, so you might as well enjoy it," so yes, I love to try new foods, listen to music (preferably live at a concert) and spend some good quality time with my loved ones.

My career interests are open as I figure out my desired lifestyle. Yet, I am confident that my career choice will be fulfilling because I have the best job in the WORLD—I work with children!!! I am a child at heart (yes, I randomly watch cartoons), and I am honored to be a part of the University of Maryland Pediatric Residency!

Anna Roose, M.D.

Medical School: Indiana University School of Medicine



I spent most of the first 20 years of my life in Franklin, Indiana, a small town south of Indianapolis. After graduating from Indiana University in 2013, my husband, Jon, and I moved to Baltimore. I completed a master's degree in epidemiology from Johns Hopkins and worked at the University of Maryland, Baltimore's Center for Vaccine Development and Global Health for four years before deciding to go to medical school. After a brief jaunt back to Indianapolis for medical school, I am thrilled to be back in Baltimore!

Outside of medicine, I spend most of my time with my family--in particular my children, Janie (age 5) and Calvin (age 1). With each passing year I turn more into my mother--I enjoy running, biking, gardening, making spreadsheets and comparing unit prices between grocery stores.

Khadijah Sampson, D.O.

Medical School: Edward Via College of Osteopathic Medicine – Virginia Campus



I was born and raised in Cambridge, Maryland. I attended Salisbury University for undergrad where I majored in Biology with Chemistry and Psychology minors. I always knew I wanted to become a pediatrician but over the years I fell in love with community engagement. I took a three-year gap year where I worked as a scribe and operations technician for a biopharmaceutical lab. I went on to attend Edward Via College of Osteopathic Medicine - Virginia (VCOM) for my medical education and during that time became heavily involved in DEI and student leadership. In my free time, I enjoy binge-watching TV, cooking, trying new restaurants,

working out, and spending time with family and friends. I am ecstatic to be close to home and serve the Baltimore area for the next three years.

Rebekah Sayre, M.D.

Medical School: Virginia Tech Carilion School of Medicine



Hi, everyone! I'm Rebekah, and I grew up first in Norristown, PA, and then in Collegeville, PA, outside of Philadelphia. I have two younger siblings and grew up dancing, swimming, playing field hockey, and getting muddy outside with them. In school, I always loved science and occasionally received report card comments suggesting I was a minimally disruptive chatterbox (the audacity!). I deeply respected physicians because of their positive impact on my family's health and wellness. Still, I didn't realize it would be a perfect fit for my love of biology and people until I took my first EMT class at the University of Pittsburgh, where I completed my undergraduate training. After graduating from Pitt, I worked in Pittsburgh, PA as a paramedic, a community paramedic (a community health specialist), and an EMT educator for college students during my three gap years. During this time, I discovered my passion for advocacy, social justice, harm reduction, and improved healthcare access. I knew I wanted to find a specialty with ample opportunity to get involved in my community.

I feel so lucky to be a pediatrician and to serve young people and their families. Pediatrics attracts creative, joyful people, and I am so excited to be surrounded by them! My goal is to make the doctor's office a welcoming environment for everyone and to help establish trust between patients and the healthcare system early on in patients' lives. My passions include healthcare at any size, gender-affirming care, harm reduction, and expanding mental health services. I am thrilled to train at the UMMS, learn from my new colleagues, and grow into a thoughtful and competent physician.

Outside work, I still love swimming, dancing, and being outside. I also love my house plants/gardening, live music, eating out, and traveling! On wards, though, you will probably only find me on my couch! If you hear a loud belly laugh coming down the hall, that's me - say hi! :)

Pediatrics Preliminary – Neurology (Neurodevelopmental Disorders)

Katherine Ceglio, M.D. (Katie)

Medical School: Indiana University School of Medicine



I was born and raised in Indianapolis, Indiana, where I have spent most of my life. I went to Purdue University for undergrad and majored in math while doing pre-med. I took a year off before medical school and lived in rural Taiwan, teaching English in elementary schools and traveling all over the country. I then came back and attended Indiana University for medical school. I have always known that I want to work with kids with intellectual and developmental disabilities, so after two years here at UMMC I will go join the Neurodevelopmental Disabilities program through Kennedy Krieger Institute. As a newcomer to the east coast, I am thrilled to get to know the people of Baltimore, both by serving our patients and by getting out and exploring in my free time. I love to try new restaurants and coffee shops, so I always welcome recommendations! In any other free time I have left, you'll find me watching/listening to musical theater, doing jigsaw puzzles, traveling, and/or cheering on the Purdue Boilermakers in basketball. I'm excited to make Baltimore home!