



University of Maryland Emergency Medicine/Pediatrics Residents

Class of 2024

Kelsey Johnson, D.O.

Medical School: Pacific Northwest University of Health Sciences College of Osteopathic Medicine



I was born and raised in Seattle, WA, and stayed in the Pacific NW all through undergrad at Western Washington University, and medical school at Pacific Northwest University. In my free time, I enjoy camping, paddle boarding, Seattle Seahawks football, and eating good food (always on the lookout for a restaurant recommendation)! I was fortunate to spend a year of medical school in western Montana and hope to return there after residency to practice both general pediatrics and emergency medicine.

To-Lam Nguyen, M.D.

Medical School: University of Maryland School of Medicine



Triple Terp here and probably lifelong Marylander! I was raised in Waldorf, Maryland for most of my life. My parents are still there now. When I was younger, I wanted to be a pediatrician. I've always loved kids. For a brief period in high school, I thought I wanted to be a pediatric oncologist after volunteering at Inova Fairfax Hospital. I did my undergraduate degree at the University of Maryland in College Park. During college, I had the wonderful opportunity to be an ER scribe at a nearby hospital called Washington Adventist Hospital in Takoma Park, Maryland. That was where I fell in love with emergency medicine. I still loved pediatrics, but I did like the acuity of the adult patients in the ER. I was lucky to have attended medical school here in Baltimore at the University of Maryland. Little did I know my absolute dream program was offered right here. EM/Peds- it's the best of both worlds!

In my spare time, I like to run, practice yoga (started during medical school and got my RYT-200 certification), go hiking, travel to new places (looking forward to going back to Vietnam, El Salvador, and Ecuador), and...sleep. I attempted to pick up sewing a little over a year ago and have made a few garments including jeans, a dress, and a Vietnamese dress called áo dài.

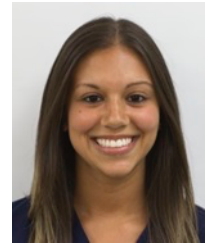
I'm so excited to be staying here in Baltimore for the next 5 years and I'm thrilled to be part of the Peds and EM families!

Class of 2025

Raven Crusco, M.D.

Medical School: St. George's University School of Medicine

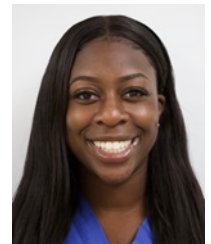
I have always been a New Yorker... born and raised. Lived on Long Island my whole life until moving to Brooklyn a few years ago. I went to undergrad at Binghamton University and then med school at St. George's University where I got the chance to experience Caribbean life for 2 years followed by 2 years of clinicals in Brooklyn. So basically I thought I'd never leave NY. But then, I found out about this amazing program at the University of Maryland and thought Baltimore should be my new home. I have always loved pediatrics and emergency medicine so I knew this combined program would be an amazing opportunity for me to pursue both specialties. I am so excited to live here for the next 5 years and learn amongst so many wonderful faculty and residents! In my spare time, I love to hangout with my 2 dogs. We love being outside, mostly at the beach but also just walks around the neighborhood and to the local parks. I also thoroughly enjoy finding new restaurants because I just love food. And then, of course, dessert as well.



Elizabeth Ogunsanya, M.D.

Medical School: George Washington University School of Medicine and Health Services

“Ba wo ni!,” which means hello in Yoruba, and is the native language my family speaks and is the ethnic group I belong to in Nigeria. I was born at PG hospital in Cheverly, Maryland and grew up in the local area. I went to high school in Lagos, Nigeria and graduated from the University of Pittsburgh majoring in biology and anthropology. I completed a post-baccalaureate program at Drexel in Philadelphia for 1 year prior to attending The George Washington University for medical school in our Nation's capital. A career in medicine came naturally to me because my mother is a pediatrician. I had the privilege of watching her complete residency and found her own practice. As an emergency medicine and pediatrics combined resident, my career interest includes adult emergency medicine and primary care pediatrics. I also have a great interest in global health and have been on multiple international medical trips, in addition to hosting an annual Christmas Charity Ball in Nigeria to raise money for orphanages in need. Last, but certainly not least, I am passionate about social justice and using my roll as a physician to advocate for fair treatment of minority and vulnerable populations in America. Black lives matter. In my spare time I like to play candy crush on my phone and watch Nigerian movies. I am extremely passionate about fitness and am a certified group fitness instructor. Prior to the COVID-19 pandemic, I taught an “Afrobeat” spin class at my local gym. I also have been an AAU basketball coach for high school age girls in PG county. I have recently picked back up playing the keyboard and outdoor running. If you see me around the hospital please say hello!



Class of 2026

Julie Kurek, M.D.

Medical School: Rush Medical College of Rush University Medical Center

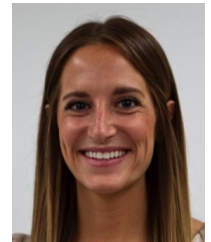
I grew up in the Midwest state of Illinois and attended high school in the city of Chicago. I then journeyed to Boston, MA, where I attended Boston College and majored in Biology & completed the pre-medicine curriculum. During college, I also volunteered as an EMT on the campus EMS squad (BCEMS) as well as working as an EMT for a



private ambulance company in Chicago during the summers. I realized a passion for patient care and Emergency Medicine during my EMT experiences. I took a gap year before attending medical school, during which I spent a year of service through Mercy Volunteer Corps in Detroit, MI. I volunteered at a family medicine clinic, and I assisted with both care coordination for patients as well as insurance enrollment. Then, I attended Rush Medical College for medical school in Chicago, IL. I kept pursuing my passion for Emergency Medicine during medical school, but I also fell in love with the specialty of Pediatrics. I soon found out about the combined programs in EM and Pediatrics. I knew right away this type of training was a perfect fit for me! I am beyond excited to be given the opportunity to train here at University of Maryland Medical Center in my two favorite specialties!

Taylor Lindquist, D.O.

Medical School: Edward Via College of Osteopathic Medicine – Virginia Campus



I was born and raised in Erie, Pennsylvania, but I am looking forward to calling Baltimore, Maryland home for the next five years! For my undergraduate degree, I attended Denison University in Granville, Ohio where I was a member of the women’s basketball team. After graduating in 2016, I worked as a medical scribe in four different emergency departments across Columbus, Ohio and fell in love with the specialty of emergency medicine. I completed medical school at Edward Via College of Osteopathic Medicine (VCOM) in Blacksburg, Virginia. During my first rotation, I quickly realized my passion to care for sick children extended beyond the walls of the emergency department. I was torn between a career in emergency medicine or pediatrics - so I decided not to choose! I am very excited and grateful to be a combined Emergency Medicine/Pediatric resident at the University of Maryland where my favorite parts of medicine are blended into one holistic training program! In my spare time, I enjoy working out and “pelotoning”, spending time with my family and friends, playing basketball, traveling, reading, and trying new restaurants (especially around Baltimore)!

Class of 2027

Mary Girgis, M.D.

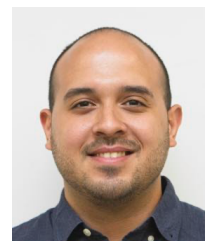
Medical School: Texas Tech University Health Sciences Center School of Medicine



I was born in Oklahoma City but my family moved to Colleyville Tx when I was 4. Since then I have lived in Texas my whole life (until now!) I am a Texas girl at heart but I am so excited to live somewhere new. I went to Texas Tech University for undergrad and majored in Honors Arts and Letters. I stayed at Texas Tech for medical school as well (Wreck'em Tech!). I am so excited to be doing a combined residency program in both Pediatrics and Emergency Medicine. In my free time, I enjoy working out, cooking, and spending time with family, friends and my cat!

Jeremy St. Thomas, M.D.

Medical School: Frank H. Netter MD School of Medicine at Quinnipiac University



I was born and raised in the beautiful country of the Dominican Republic. I originally pursued a career in baseball, which played a huge role in shaping the person I am today. I later became extremely passionate about the field of medicine, and ultimately focused all my attention on becoming a physician when I was no longer able to trail both paths. I moved to New Jersey at the age of 18 to attend undergrad at Rider University, where I completed my pre-medical studies and obtained a degree in mathematics. I then worked as a medical scribe in

Pennsylvania before moving to Connecticut to attend medical school at Quinnipiac University Frank H. Netter MD School of Medicine. I am new to Baltimore, and I already love it here!

My hobbies include playing basketball, tennis, volleyball, and any sport someone is willing to teach me! I also enjoy cooking/baking, 3D-pen drawing, and watching funny TV shows. My academic/clinical interests include treating pediatric emergencies, social determinants of health, and triage systems.

Class of 2028

Mekinzee Elliott, M.D.

Medical School: University of Kansas School of Medicine – Kansas City



I am from Allen Texas, just north of Dallas. I started undergrad at Brigham Young University in Utah but graduated from the University of Kansas where I stayed to attend Medical School. Rock Chalk Jayhawk! I love to ski, travel, try new foods, and play with my 9 lb. Australian shepherd Alta (named after my favorite ski resort). I'm super excited to train at the University of Maryland in the combined Peds/EM residency program. I am interested in pediatric critical care, cardiology, and full-scope rural emergency medicine. Coming from the Midwest and Texas I have fallen in love with Maryland and the city of Baltimore. I love how Maryland takes such pride in their state flag, I love old bay seasoning, and I love Chesapeake Bay blue crab!

Riley Heroux, D.O.

Medical School: University of New England College of Osteopathic Medicine



I was born and raised in southern Maine. I left Maine to attend Northeastern University (go Huskies!) in Boston where I majored in Health Science. After completing my undergraduate education, I stayed in Boston where I worked at Boston Children's Hospital prior to returning home to Maine for medical school. I have a love for pediatrics and emergency medicine which led me to the University of Maryland combined Emergency Medicine and Pediatrics residency program. I am passionate about keeping children from needing the emergency department and helping all who find themselves there. I am thrilled to be here! In my spare time, I enjoy spending time by the water, watching sports (big New England sports fan), attending concerts, trying new restaurants, shopping at Trader Joe's, finding new spots for iced coffee, and spending time with my friends and family (and two family basset hounds).