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## 2018 Stork's Nest Class Schedule

**Where :** University of Maryland Medical Center, Greene St.

6th Floor - OB/GYN Classroom - Atrium Route

**When :** 6:00PM - 8:00PM - Please be on time!

**Bring :** Your Point Book & an Adult Support Person

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### WEDNESDAY CLASSES

6	The Big Day	1/3/2018
7	Caring for Your Baby	1/10/2018
8	Breastfeeding	1/17/2018
9	Your Mommy Years	1/24/2018
1	The Stork's Nest and You	1/31/2018
2	Keeping Yourself Healthy	2/7/2018
3	Eating for Two	2/14/2018
4	The No's of Pregnancy	2/21/2018
5	Warning Signs	2/28/2018
6	The Big Day	3/7/2018
7	Caring for Your Baby	3/14/2018
8	Breastfeeding	3/21/2018
9	Your Mommy Years	3/28/2018

**Classes highlighted in red are located in the  
CAFC Conference Room - 6th Floor - North Building**

### TUESDAY CLASSES

1	The Stork's Nest and You	4/3/2018
2	Keeping Yourself Healthy	4/10/2018
3	Eating for Two	4/17/2018
4	The No's of Pregnancy	4/24/2018
5	Warning Signs	5/1/2018
6	The Big Day	5/8/2018
7	Caring for Your Baby	5/15/2018
8	Breastfeeding	5/22/2018
9	Your Mommy Years	5/29/2018
1	The Stork's Nest and You	6/5/2018
2	Keeping Yourself Healthy	6/12/2018
3	Eating for Two	6/19/2018
4	The No's of Pregnancy	6/26/2018

- 5 Warning Signs 7/3/2018
- 6 The Big Day 7/10/2018
- 7 Caring for Your Baby 7/17/2018
- 8 Breastfeeding 7/24/2018
- 9 Your Mommy Years 7/31/2018

- 1 The Stork's Nest and You 8/7/2018
- 2 Keeping Yourself Healthy 8/14/2018
- 3 Eating for Two 8/21/2018
- 4 The No's of Pregnancy 8/28/2018
- 5 Warning Signs 9/4/2018
- 6 The Big Day 9/11/2018
- 7 Caring for Your Baby 9/18/2018
- 8 Breastfeeding 9/25/2018
- 9 Your Mommy Years 10/2/2018

- 1 The Stork's Nest and You 10/9/2018
- 2 Keeping Yourself Healthy 10/16/2018
- 3 Eating for Two 10/23/2018
- 4 The No's of Pregnancy 10/30/2018
- 5 Warning Signs 11/6/2018
- 6 The Big Day 11/13/2018
- No Class- Thanksgiving Break 11/20/2018*
- 7 Caring for Your Baby 11/27/2018
- 8 Breastfeeding 12/4/2018
- 9 Your Mommy Years 12/11/2018

- 1 The Stork's Nest and You 12/18/2018
- No Class- Winter Break 12/25/2018*

- No Class- Winter Break 1/1/2019*
- 2 Keeping Yourself Healthy 1/8/2019
- 3 Eating for Two 1/15/2019
- 4 The No's of Pregnancy 1/22/2019
- 5 Warning Signs 1/29/2019
- 6 The Big Day 2/5/2019
- 7 Caring for Your Baby 2/12/2019
- 8 Breastfeeding 2/19/2019
- 9 Your Mommy Years 2/26/2019

**Classes highlighted in purple are 2019!**