


Maryland Moms  
In Training



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Class #3 Eating for Two ZOOM at 5pm	3	4 Class #8 Breastfeeding ZOOM at Noon	5	6
7	8	9 Class #4 No's of Pregnancy ZOOM at 5pm	10	11 Class #9 Your Mommy Years ZOOM at Noon 	12	13
14	15	16 Class #5 Warning Signs ZOOM at 5pm	17	18 Class #1 UMMC & You ZOOM at Noon	19	20
21	22	23 Class #6 BIRTH-Day ZOOM at 5pm	24	25 <b>NO CLASS</b> 	26	27
28 	29	30 Class #7 Infant Care ZOOM at 5pm	December 1	2 Class #2 Keeping Healthy ZOOM at Noon	3	4

**\*ALL CLASSES ARE VIRTUAL\***

ZOOM LINKS WILL BE POSTED ON OUR FACEBOOK PAGE ~ 15 MINUTES BEFORE CLASS STARTS.

**\*\*SHOPPING WILL BE IN PERSON\*\***

The *Baby Boutique* is located in the Community Health Education Center at the UMMC Midtown Campus.  
\*\*\*Please Call **410-328-9585** to schedule an appointment to shop & redeem your points for baby items. \*\*\*