

R Adams Cowley Shock Trauma Center EMS Liaison Team

Rebecca Gilmore, MSN, RN, TCRN



My name is Becky Gilmore. I have worked at the R Adams Cowley Shock Trauma Center for 20 years, first in the Multi-Trauma Intensive Care Unit, and then, for 15 years, in the Trauma Resuscitation Unit (TRU) where I was one of the Charge Nurses and a Senior Clinical Nurse II. I recently assumed the role of the Trauma Program Manager for Shock Trauma. I am excited to begin this new role and to further my involvement with the EMS community. My office is located next to the EMS workroom, on the ground level, close to the ambulance entrance. Please feel free to stop by any time or to email/call with any questions or concerns that you may have.

Kristen George, BSN, MPH, RN, CCRN



I joined the Shock Trauma team in 2007 as a nurse in the Multi-Trauma ICU. I am the Nurse Manager of the Trauma Resuscitation Unit, Critical Care Resuscitation Unit, Lung Rescue Unit, and Biocontainment Unit. Before I was a nurse, I worked in public health stateside and in southeast Africa. I completed a Master of Public Health with a concentration in public health preparedness and risk science and public policy. I am also an aeromedical evacuation nurse in the United States Air Force Reserve and an enthusiast of the service community!

Heidi Halterman, MSN, RN, CEN, TCRN, NRP

Jurisdiction -Garrett, Allegany, Washington, Frederick and Carroll Counties.



I have been a nurse for 17 years, working for the past 11 years as a Registered Nurse for the R Adams Cowley Shock Trauma Center. My current roles at Shock Trauma include serving as a Senior Clinical Nurse II and Charge Nurse in the Trauma Resuscitation Unit and providing bedside care. I am an active Paramedic in a local combination paid/volunteer system with more than 20 years of experience in EMS, and I have served in various EMS leadership roles. I am excited to connect with our EMS, Fire, and Law Enforcement colleagues in Allegany, Carroll, Frederick, Garrett, and Washington Counties and across Maryland through education, training, patient follow-up, and other opportunities.

Lauren Landis, BSN, RN, TCRN, NRP

Jurisdiction: Montgomery, Howard, Prince George's, Anne Arundel Counties, Baltimore City, and Maryland State Police Aviation Command



My name is Lauren Landis, I am a Trauma Certified Registered Nurse and Paramedic. This is my sixth year working at R Adams Cowley Shock Trauma Center. I currently work as a Charge Nurse and Clinical Nurse II in the Trauma Resuscitation Unit. In addition to the TRU, I've worked in the Lung Rescue Unit (ECMO ICU), Biocontainment unit and on the hospital's disaster committee. I have a total of 10 years prehospital experience as well as previously working in the EMS liaison role. I'm excited to be a part of the EMS Liaison team again serving Maryland State Police, Queen Anne's County, Howard County, Prince George's County, Montgomery County and Eastern Shore counties as my jurisdiction. In addition to my liaison duties, I am also working as the lead to revise the Shock Trauma Advanced Airway Course. I am excited to work with EMS in future training and education opportunities. When I'm not in the hospital, you can find me outside hiking with my German Shepard Maverick and traveling. I look forward to working with all of you!

Abigail Palmer MSN, RN, TCRN, EMT-B

Jurisdiction - Baltimore, Harford, Cecil and Kent Counties



My name is Abigail Palmer. I have been a nurse in the TRU for about a year and a half, but I have been a nurse for six years all together. In add to my current nursing experience in the TRU, I have worked on an inpatient telemetry unit and the emergency department for a few years. I have been involved with EMS for 10 years, and I became an EMT in my last year of high school. I have volunteered with EMS in St. Mary's County and currently volunteer in Baltimore County. I am interested in providing educational opportunities for EMS clinicians in Maryland and strengthening the relationships we, at Shock Trauma, have with Maryland EMS. When I am not working, you can find me boating, eating chick-fil-a, or playing with my dog, Grady. I am looking forward to working with everyone! Please feel free to reach out to myself, or anyone on the EMS Liaison team for anything you may need!

Stephen Lee BSN, RN, CCRN, CEN, TCRN, CFRN

Jurisdiction – Inter-hospital transfers



My name is Stephen Lee. I was in EMS for five years before becoming a nurse and working in the ER's and ICU's in Washington D.C. and New Orleans. I spent the last couple years as a flight nurse in Louisiana before coming back to the area and joining Shock Trauma in the Critical Care Resuscitation Unit where I get to work with EMS every day. I look forward to helping build strong relationships with the local EMS community to serve our patients best.

Hendrik Bilek, BSN, RN, CFRN, C-NPT, NHDP-BC, PHRN

Jurisdiction – Queen Anne, Caroline, Talbot, Dorchester, Wicomico, Worcester, Somerset, Calvert, Charles and St. Mary's Counties



My name is Hendrik Bilek and I am a registered nurse, certified pediatric trauma nurse, board certified national healthcare disaster professional, certified flight nurse with neonatal and pediatric transport certification and pre-hospital registered nurse in the Trauma Resuscitation Unit (TRU) at the R Adams Cowley Shock Trauma Center in Baltimore Maryland. Previously I was on the Emergency Critical Care Transport Team at The Children's Hospital of Philadelphia where I transported patients from all over the region and across the country by ground and air. I was also a team leader on the HERT team for the hospital which includes in-hospital emergencies and decontamination of incoming patients. Previously an ED nurse and trauma team leader at the children's hospital, I treated a wide variety of pediatric patients. I was also an EMS lieutenant and firefighter for the Tinicum Township Fire Company which responds to 3,000 fire/EMS 911 calls a year. I am an alumni of FEMA CDP's course on EMS operations in CBRNE incidents. I graduated from Drexel University with a bachelor's degree in nursing with a minor in emergency management. While at Drexel I was a part of Drexel EMS where I served several positions including training Lt., Captain, and Chief. I have been involved in fire and EMS since 2010. I am a Connecticut native where my roots in fire and EMS started

Cindy Rivers



My name is Cindy (Cyn) Rivers. I have been employed at the R Adams Cowley Shock Trauma Center at the University of Maryland for nearly 40 years. I began my career as an event planner for the annual fundraising event shock trauma gala. I then had the opportunity to transfer into the role of Public Information Officer. Currently, I manage all observers, including EMS students/clinicians, physicians, nursing students, residents, and international medical observers. I also organize tours and serve as the Liaison should any EMS/Law Enforcement personnel be injured either on or off duty. I am delighted to be part of such a dedicated, talented team of individuals here to serve and provide educational opportunities and continue building EMS relationships locally and abroad.