

Injury Prevention Programs

R Adams Cowley Shock Trauma Center

Our immersive **Minds of the Future** experience presented by the **Center for Injury Prevention and Policy** can be curated to meet the unique needs of your youth or student group. Your individualized program can be hosted on-site at Shock Trauma or bought to your home location. The below list of programs is intended to assist you in making your selections. *We recommend selecting at least two of the following options to incorporate into your experience.*

STOP THE BLEED® TRAINING | 60 minutes

A bleeding injury can happen anywhere, at any time – after a car crash, a shooting, at your school, or even in your home. With this training, participants will learn three quick actions that can save the life of someone suffering from rapid blood loss.

WALKING TOUR OF SHOCK TRAUMA | 30-45 minutes

Participants witness firsthand one of the highest-volume trauma centers in the nation and what it's like to be one of the 6,500 severely injured and critically ill people who come through the Shock Trauma Center every year. *Participants must be 16 years old. On-site only.*

VIRTUAL TOUR OF SHOCK TRAUMA | 10 minutes

Participants see the Shock Trauma Center from the inside while learning about its history, vision, and mission. *Can be used instead of or as a supplement to the walking tour.*

NARCAN TRAINING | 45 minutes

Death rates due to overdose, specifically those involving opioids, are rising at an alarming rate. Participants will learn how to prevent a fatal opioid overdose with the proper tools and training.

TEEN VIOLENCE PREVENTION LECTURE | 30-45 minutes

Violence is the reason behind one in every five admissions to Shock Trauma. Participants become cognizant of the life-altering consequences of violence-related injuries and can choose to be the change that breaks the cycle of violence.

TEEN SAFE DRIVING LECTURE BY THINKFIRST® | 45-60 minutes

The number one killer of teens is car crashes, and inexperience and risk-taking are amongst the top causes. Participants get the facts, hear the stories, and take the pledge to drive safely.

CONCUSSION & BRAIN INJURY PREVENTION LECTURE BY THINKFIRST® | 30-45 minutes

Participants learn why preventing concussions, recognizing symptoms, seeking medical care, and following concussion guidelines are crucial for preventing the long-lasting effects of concussion.

HANDS-ON SIMULATION LAB | 45-60 minutes

Our 10,000-square-foot medical simulation area supports the training of medical and military personnel from around the world. Trainees and students alike practice the skills necessary for emergency and trauma care using state-of-the-art simulation software. *This is a high-demand activity and is subject to availability. On-site only.*

INFINITE LEGACY® LECTURE | 45-60 minutes

Participants honor donor generosity and learn why creating an infinite legacy through organ, eye and tissue donation is vital for giving life and restoring hope.

VISIT FROM A TRAUMA SURVIVOR | 10-20 minutes

There is much to learn from the resilience of those who have been impacted firsthand by traumatic injuries. We will do our best to match your group with an inspiring Shock Trauma survivor whose words are sure to leave a mark. *This is a high-demand activity and is subject to availability.*