



PREVENTION MATTERS

THE CENTER FOR INJURY PREVENTION AND POLICY

Look Up and Look Out: Arrive Alive

Life can change in an instant. It is important that no matter how you travel, you pay attention to your surroundings to keep safe. This goes beyond looking both ways when crossing the road; you have to continue to **look up and look out** and keep your eyes and ears focused on what is ahead of you. Drivers, it is just as important to look out for distracted walkers as it is to not get distracted yourself when behind the wheel.



Whether you bike, walk, drive, or take a bus to your final destination, the goal is the same: Arrive Alive. **It is illegal in all 50 states to pass a school bus that is stopped to load or unload children.**

Riding the School Bus

School buses are the safest way for children to travel to and from school. However, there are dangers when children are boarding and leaving the bus.

Over the last decade, nearly two thirds of school-age pedestrians who were fatally injured in school-transportation-related crashes were struck by school buses or other vehicles when getting on or off a school bus. Teach your child to always play it **SAFE**:

- **Stay** five steps away from the curb
- **Always** wait for the bus driver to tell you when to board
- **Face** forward after finding a seat on the bus
- **Exit** the bus when it stops, look left-right-left, and take five steps away from the bus toward the curb

(NHTSA Consumer Advisory, 2018)

Sharing the Road with School Buses

When you are on the road, please be a responsible driver: remember that 25 million students take the bus to school every day and respect that these buses have an important job to do.

If you are driving behind a bus, allow a greater following distance than if you were driving behind a car. It will give you more time to stop once the yellow lights start flashing.

Never pass a bus from behind — if the red lights are flashing and the stop arm is extended, traffic must stop.

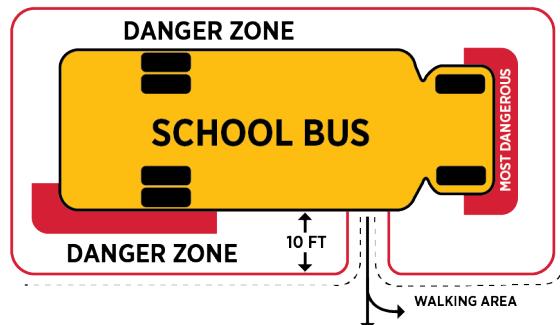
Remember, if you are on an undivided road, traffic in **both directions** must come to a complete stop.

The area **10 feet around a school bus is the most dangerous for children**; stop back far enough to allow them space to safely enter and exit the bus.

Be alert: children often are unpredictable, and they tend to ignore hazards and take risks.

STAY OUT OF THE DANGER ZONE!

DANGER FROM PASSING CARS



NUMBERS AT A GLANCE

\$570

Drivers who pass a school bus with the lights flashing can be fined \$570 and up to three points on their driver's license

47%

of people walking that were killed on Maryland roads between 2011 and 2014 were found to be under the influence of drugs or alcohol (FFY 2018 Maryland Highway Safety Plan)

1 in 3 people that were hit while walking in Maryland were in Baltimore City when it happened (FFY 2018 Maryland Highway Safety Plan)



70X

Students are about 70 times more likely to get to school safely if they take the school bus instead of travelling by car (NHTSA, 2017)

The number of times someone illegally passed a school bus with its stop-arm extended in **a single day** in the state



(National Association of State Directors of Public Transportation Services Survey, 2018)



Injuries While Walking

The average car weighs around 5,000 pounds, the average person, nowhere near as much. It is no wonder that when a car hits someone on foot, the consequences can be severe. In fact, 80% of all people that are hit while walking are hurt or die. Many times, we think that in cases like this, the driver is responsible when in fact, the blame is likely shared. The National Study Center looked at all pedestrian involved crashes in Maryland between 2012 and 2016 and found that **the person walking was at fault in over 1/3 of the cases.**

So what should you do to avoid ending up a statistic?

- **Keep the volume down** on your headphones so you can hear oncoming traffic — better yet, put the phone away entirely when crossing the road
- **Be visible.** Wearing dark colored clothing or failing to cross at a crosswalk makes you less visible to drivers that may be distracted or under the influence of drugs or alcohol
- **Make eye contact** with the drivers to make sure they see you



UNIVERSITY of MARYLAND
MEDICAL SYSTEM

University of Maryland Medical Center
UM Baltimore Washington Medical Center
UM Capital Region Health
UM Charles Regional Medical Center
UM Rehabilitation & Orthopaedic Institute
UM St. Joseph Medical Center
UM Shore Regional Health
UM Upper Chesapeake Health
Mt. Washington Pediatric Hospital

RESOURCES

Towards Zero Deaths: TowardZeroDeathsMD.com

SafeKids Worldwide: SafeKids.org

National Highway Traffic Safety Administration:
nhtsa.gov/road-safety

FOR MORE INFORMATION ON:

Center for Injury Prevention and Policy: umm.edu/CIPP
STC Prevention Matters: umm.edu/PreventionMatters