

Occupational Therapy Department Clinic Sheet

The goal of the Occupational Therapy Department at University of Maryland Medical Center is to provide you with caring and effective treatment. To fully benefit from therapy, we would like you to become familiar with our services, to know what you can expect from us and what we expect from you.

PHILOSOPHY OF CARE

- Our goal is to empower you with knowledge - by fully understanding your condition, you will be better able to participate in your own recovery. Feel free to ask us questions about your diagnosis.
- We strive to create a relaxed and supportive environment – please let us know how we can make you more comfortable.

TREATMENT

- In order to fully benefit from therapy, it is important to attend therapy sessions consistently and perform your home program as prescribed by your therapist.
- If you feel that therapy is not meeting your needs, please bring it to our attention. We'll be happy to modify your program to ensure a successful recovery.
- Following a comprehensive evaluation, a treatment program will be established for you utilizing a variety of tools and techniques.
- It is important to follow through with the home programs developed for you to maximize your success with therapy and to achieve the best results.

UPCOMING APPOINTMENTS AND ATTENDANCE

- Please arrive on time for your appointments. If you are more than 15 minutes late, your appointment may have to be rescheduled.
- For treatment to be effective and covered by insurance, it is important for you to be treated consistently. If you are unable to attend an appointment, please call us at least 24 hours in advance to cancel and reschedule (preferably within the same week).
- Missing more than 3 scheduled appointments without advance notice may result in scheduling your appointments on a day-to-day basis or cancellation of future scheduled appointments.

FOLLOW-UP VISITS WITH YOUR PHYSICIAN

- We periodically assess your progress and send reports to your physician. Please advise us of all upcoming appointments with your physician.

We can be reached at 410-328-0586. If calling after hours, please leave a message on our voicemail. We will contact you as promptly as possible.