20 21

QUEENS COURT

REGISTER TODAY TO RECEIVE PRIVATE ZOOM LINK



MAY 5 - JUN 23 12PM - 1PM

- 5/5 Intro to QC & Getting to Know You and Baby
- 5/12 Physical & Emotional Recovery after Childbirth
- 5/19 What You Wish You Had Known Before Baby
- 5/26 Breastfeeding: How to & Dispelling the Myths
- 6/2 Postpartum Mental Wellness
- 6/9 Parent Advocacy: Know Your Rights
- 6/16 Empowering Moms & Creating Community
- 6/23 QC Recap & Closing Prizes