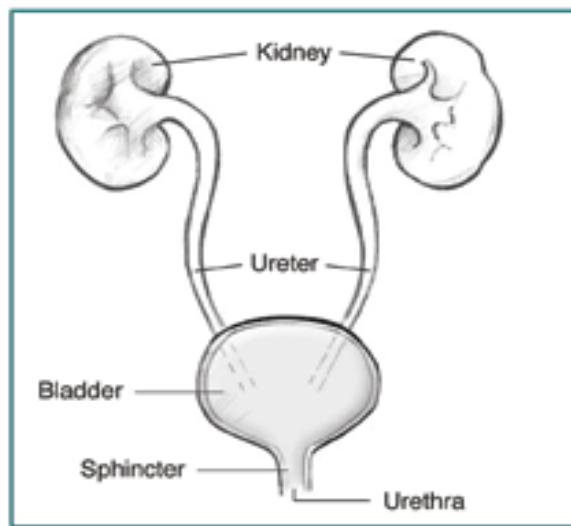


Welcome to the University of Maryland Medical Center!



Created by,
Molly Baron BS, CCLS
Certified Child Life Specialist

You are here today to have some special pictures taken of you bladder, ureter and kidneys.



Once it is time for your pictures, you will go into the exam room.



This is a picture of what the exam room will look like.

Your Mom, Dad, or Guardian can come into the room with you. They get to put on a special apron that looks this.



When you are in the room, you will be asked to take off your pants and underwear but don't worry you can cover up with a sheet.



↑ Skinny Bed ↑

Once everyone is ready, you will then be asked to lie down on the skinny bed.

Before the Doctor comes in the tech will take a quick x-ray picture of you.

When the Doctor is ready to start the pictures you will have a special job to do.

Girls: Make frog legs or butterfly wings



Boys: Make your legs straight and rest them flat on the table.



The Doctor uses large cotton balls dipped in soap to clean the area you pee from.

↓Cotton Ball without soap↓ ↓Cotton ball with Soap↓



This soap is a little different from the soap you use to wash your hands.

It is special brown hospital soap and it might feel a little bit cool and wet.

This is what the soap looks like:

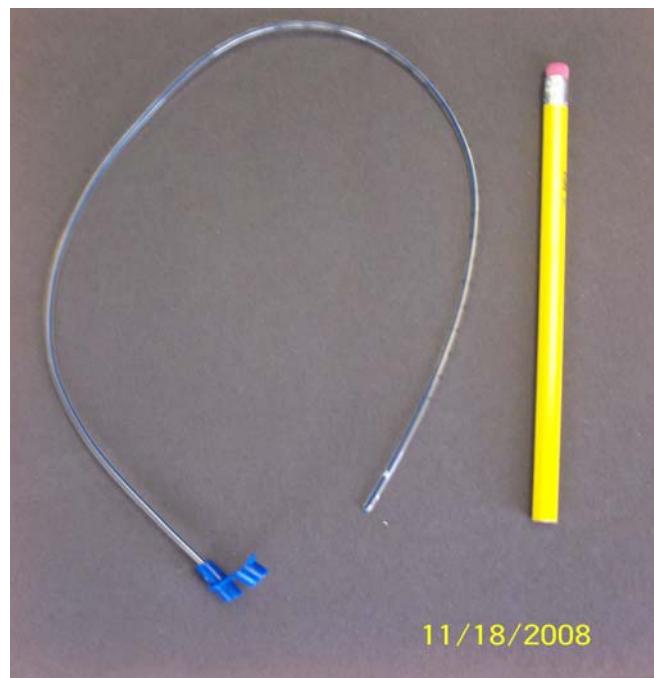


When the doctor is finished cleaning he will dry off the area with a soft white napkin.

He will then place a special paper towel over your private area to help keep it clean.

Next the doctor will slide a small tube into the part of your body you pee from.
The tube is like a spaghetti noodle.

Here is a picture of the tube. The entire tube does not go inside of you, only a small part of it.



We placed the tube next to a pencil in this picture so that you can see how skinny it really is!

You have a very important job to do when the doctor puts the tube in.

While you are lying still, your job is to count to _____. (pick a number)

We could blow bubbles or a pinwheel to help you relax. You could also sing songs or hold someone's hand.



**The more relaxed you are the easier the tube will slide in.

After the tube is in place the doctor will put some tape on the tube to help it from falling out.

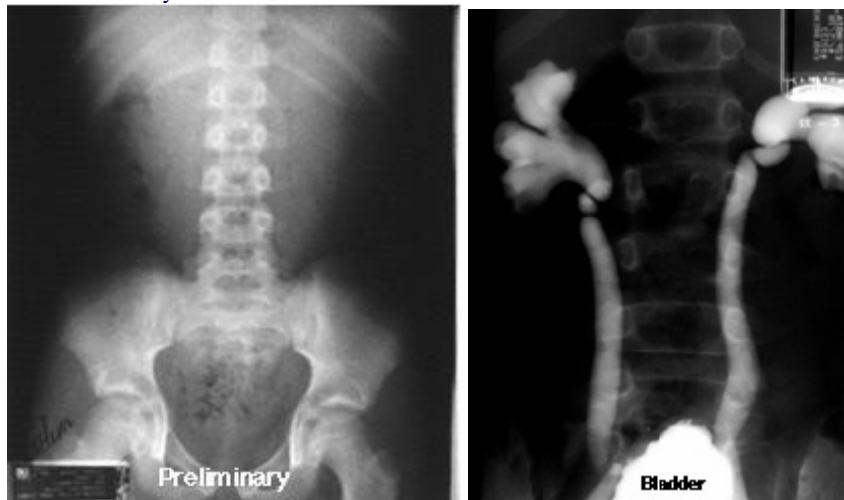
The Doctor will use the tube to fill your bladder with a liquid called contrast. This is the liquid that will help the doctor see your pictures better.

↓The contrast is in this bottle; it looks like water.↓



You can see below how the contrast helps to see your bladder better.

Pictures courtesy of: The Child Life Council



(Before Contrast)

(After Contrast)

This contrast material will go from the bottle through the plastic tube and into your bladder.

Once the contrast material is in your bladder, the x-ray camera will move over the top of you (but won't touch you) and take pictures of you.



(This is what the camera looks like)

You will be asked to turn onto your left side and then your right side while having your pictures taken.
Your parent can help you!

As the pictures are being taken you may feel like you have to use the bathroom really badly.

The Doctor may ask you to hold your pee for a few more seconds while he takes more pictures.

The Doctor will then take off the tape that is holding your tube in place. Your pee may push the tube out. You may not even feel that part.

As soon as you are done going pee you can get dressed and will be able to leave.

You're finished! Great Job!



If you have any questions please
contact your doctor

or

call the Child Life Specialist office at
University of Maryland Children's Hospital
(410) 328-7440