

Stephanie Wilson

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EDUCATION

University of Delaware – 2004 to 2006
Degree: Doctorate of Physical Therapy

University of Delaware – 2000 to 2004
Degree: Bachelor of Science University of Delaware
Major: Exercise and Sports Science
Concentration: Exercise Physiology

Certifications

Dementia Care Specialist certification – 2017

Licensure Information/Registration:

State of Maryland Physical Therapy

PROFESSIONAL EXPERIENCE**Clinical Positions**

University of Maryland at St. Joseph Med Center, Towson, MD – 2014 to present
Physical Therapist
Clinical Instructor
Orthopedic resident mentor
Assist with orientation of new staff, shadowers

Greater Baltimore Medical Center, Towson, MD – 2007 to 2014
Physical Therapist

Non-Clinical Positions

Billing Assistant, Newark, DE – 2006

MEMBERSHIPS

APTA – 2005 to 2007

NON-PEER REVIEWED PRESENTATIONS

In-service on rapid recovery orthopedic unit

COMMITTEE PARTICIPATION

PACU committee member

CONTINUING EDUCATION

Pain Neuroscience Education & Its Application to Manual Therapy
Spasticity: “An Update in Clinical Management”
The Pelvic Floor: The Missing Link to Low Back & Hip Dysfunction
Concussion Management: The Non-Sport Aspects
Sports Concussion and Associated Post-Traumatic Headache
A Practical Evidence Based Approach to Evaluating & Treating Individuals with
Parkinson’s Disease
Foundation of Therapeutic Exercise Module 1: Foundations, Physiologic
Considerations & Specialties

Ethics in Healthcare: Maintaining Constancy in an Ever-Changing World
Foundation of Therapeutic Exercise Module 2: Impairments of Body Function &
Therapeutic Exercise
Psychotropic Drugs in Long Term Care
Prevention of Urinary Tract Infections in the Elderly
Foundation of Therapeutic Exercise Module 3: Exercises of the Lower Extremity
Foundation of Therapeutic Exercise Module 4: Therapeutic Exercises of the Upper
Extremity