

Kevin Mark, PT, DPT, CHT, FAAOMPT

Kevin Mark, PT has been a Fellow of the American Academy of Orthopedic Manual Physical Therapists and a Certified Hand Therapist since 2019. He is a certified for Trigger Point Dry Needling in Maryland since 2018 and Titleist Performance Institute Level 1 certified since 2024 for evaluation and treatment of the golf swing.

As a CHT, his clinical focus is on treatment of upper extremity conditions including fractures, tendinopathy, neuropathy, splinting and post-surgical cases. He enjoys treating UE sports injuries such as golf, tennis, pickleball, and overhead athletes. Kevin is an avid athlete including golf, beach volleyball and hockey.

CONTACT

Email: kmark@towsonortho.com

EDUCATION

University at Buffalo, The State University of New York, Buffalo, NY – May 2013

Degree: Physical Therapy (DPT)

PROFESSIONAL EXPERIENCE

Towson Sports Medicine – August 2020 to Present

Manager and Certified Hand Therapist, Towson, MD

ATI Physical Therapy – August 2015 to July 2020

Full-time Outpatient Orthopedic Physical Therapy, Baltimore, MD

- Started with ATI as Clinic Director of the ATI-Bayview clinic, with five clinicians and 40-50 patient visits/day.
- As a Clinic Director, managed a clinic team of up to 12 people, with director responsibilities including payroll, scheduling, hiring, and annual reviews. Reviewed budgets and was responsible for growing the clinic patient volume.
- Opened ATI-White Marsh location as Clinic Director in April 2018, and built the clinic to a 30+ visit/day clinic within 18 months of opening.

Concentra Urgent Care – October 2013 to August 2015

Outpatient Orthopedic Physical Therapy and Urgent Care Center, Baltimore, MD

- Promoted from Staff Physical Therapist to Center Therapy Director in June 2014
- Independently managed the physical therapy clinic within an urgent care center, working alongside the referring physicians as well as external referrals for primarily acute and post-op orthopedic patients.
- As a director, worked in a team with the physicians and Operations Director to manage the urgent care facility including coordinating personnel, financial analysis and increasing business for the center.

CERTIFICATIONS

June 2019

ASHT Certified Hand Therapist

2019

Board Certified for Therapeutic Dry Needling in Maryland

April 2019 Fellow of the American Academy of Orthopedic Physical Therapists – 440 hours of mentorship, including a Case Report and final Live Patient Exam
June 2018 Certified for Intro and Advanced Therapeutic Dry Needling – NAIOMT
June 2016 Certified in Manual Physical Therapy – The Manual Therapy Institute
2010 to Present CPR and First Aid – American Heart Association

PROFESSIONAL MEMBERSHIP

- American Society of Hand Therapists
- American Academy of Orthopedic Manual Physical Therapists

LEADERSHIP TRAINING

January 2020 Clinical Leadership Development Conference – ATI Physical Therapy, Orlando, FL
April 2016 Clinical Leadership Program – ATI Physical Therapy, Chicago, IL

PROFESSIONAL PRESENTATIONS

February 2020 Therapeutic Dry Needling to the Johns Hopkins Occupational Health Clinical Team, Baltimore, MD
April 2018 Intro to Lumbar Evaluation and Treatment Course (Put Your Back in to It) approved for CEU's in Maryland

RESEARCH

January 2019 **Fellowship Case Report** – Management of Acute Lumbar Strain Using a Movement Impairment Syndrome-Based Physical Therapy Approach
June 2013 **Capstone Project** – The Effect of Instrument Assisted Augmented Soft Tissue Mobilization on Iliotibial Band Tightness in Recreational Runners (researched and conducted an 8-week trial with 7 subjects on the effectiveness of the “fibroblaster” tool for TFL lengthening and treatment of knee pain in recreational runners)