

## **David M. Pieschel, PT, DPT**

David Pieschel, DPT, is a Senior Physical Therapist at the University of Maryland Midtown Campus Hospital. He has worked at University of Maryland Midtown Campus Hospital in the acute care setting since 2013 with a wide range of patient populations, including those with orthopedic, post-surgical, cardiac and critical care conditions.

He is the lead inpatient therapist for the orthopedic service line and is the lead physical therapist for the outpatient ALS clinic and helped develop the Orthopedic and Neurologic physical therapy residency programs for the University of Maryland Rehab Network, serving as a clinical instructor for DPT residents clinical inpatient experiences. He is a key member of the Early Mobility initiatives at UM-Midtown Campus and educates nurses and other therapists on safe patient mobilization practices.

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### **EDUCATION**

**Bellarmino University**, Louisville, KY – 2012

Degree: Doctor of Physical Therapy

**University of Kentucky**, Lexington, KY – 2005

Degree: Bachelor of Science, Psychology

### **PROFESSIONAL EXPERIENCE**

**University of Maryland Midtown Campus** – July 2013 to Present

Senior Acute Physical Therapist, Baltimore, MD

- Manages a high-volume case load for acutely ill patients, develop personalized exercise programs, plan of care and discharge recommendations
- Organizes the daily patient assignments of acute care physical therapists
- Supervises physical therapy students on acute care clinical rotations
- Conducts weekly educational joint class for patients scheduled for joint replacement surgery
- Rotates through outpatient clinic and post-acute specialty unit
- Participates in new hire service line orientation/onboarding
- Performs as clinical competencies validator

**University of Maryland Amyotrophic Lateral Sclerosis (ALS) Clinic** – July 2015 to Present

Lead Physical Therapist, Baltimore, MD

- Performs evaluations for mobility, individualized exercise plans, recommendations for adaptive equipment to maximize patient independence, develop multidisciplinary plan of care with neurologist, pulmonologist and other rehabilitation disciplines
- Provides Functional Mobility Evaluations (FME) for customized power wheelchairs
- Organizes the purchase of appropriate adaptive equipment and supplies for clinic and manage distribution to patients

**University of Maryland- Midtown Rapid Wean Program** – May 2014 to May 2016

Lead Physical Therapist, Baltimore, MD

- Organized physical therapy for patients identified for the rapid wean program to progress mobility while being weaned from mechanical ventilation
- Attended multi-disciplinary rounds to discuss progress of rapid wean patients with care providers from Pulmonology, Respiratory Therapy, Occupational Therapy, Speech Therapy and Nursing

**Norton Hospital** – July 2009 to January 2013

Rehabilitation Technician, Louisville, KY

PRN rehabilitation technician at a major metropolitan hospital while a full-time graduate student in DPT Program

- Assisted PT/PTAs with patient care (line/tube control, balance, transfers)

- Processed orders and prepared the patient board

**Jeff Ayres Physical Therapy** – August 2007 to May 2009

Full-time Rehabilitation Technician, Louisville, KY

Privately owned outpatient orthopedic clinic

- Assisted PT/PTAs with patient care of 20-25 patients per day
- Performed direct patient care with exercise program
- Transcribed dictations and performed insurance verifications

**Commonwealth Physical Therapy** – May 2003 to June 2007

Part-time Rehabilitation Technician, Lexington, KY

Outpatient orthopedic clinic that specialized in whiplash/motor vehicle accidents

- Assisted PT/PTAs with patient care of 15-20 patients per day
- Performed Multi-Cervical Unit strength training
- Performed patient scheduling, transcription and insurance verification
- Processed patient billing, retrieved medical records and organized medical records warehouse
- Participated in health fairs and marketing at MD offices

## **ORGANIZATIONAL ACTIVITIES**

**Throughput Improvement Council** – November 2023 to Present

- Rehabilitation Services representative for a multi-disciplinary committee tasked with identifying hospital wide change to improve patient throughput, timely discharges and overall hospital efficiency

**Orthopedic Residency Acute Care Clinical Specialist** – February 2018 to Present

- University of Maryland Medical System team member responsible for developing physical therapy residency track, education, clinical experience (acute care orthopedic training emphasis)

**Neurological Residency Acute Care Clinical Specialist** – January 2022 to Present

- University of Maryland Medical System team member responsible for developing physical therapy residency track, education, clinical experience (acute care neurological training emphasis)

**Acute Care Policy Committee** – January 2018 to Present

- Develops policy for acute care documentation requirements within EPIC EMR for the University of Maryland-Midtown

**University of Maryland Rehab Network (UMRN) Limb Loss Committee** – October 2017 to Present

- Represents University of Maryland-Midtown in developing evidence based best practice for limb management throughout the continuum of care from acute amputation to obtaining a prosthesis and outpatient training

**Safe Patient Handling Presentations** – January 2016 to Present

- Educates new hire RNs/PCTs during orientation on proper lifting mechanics, mobility screens, and use of different mechanical lift equipment

**UMRN Joint and Spine Committee** – July 2016 to 2019

- Represents University of Maryland-Midtown in multi-disciplinary network that generates data on the volume of spine and joint replacement surgeries, patient outcomes and lengths of stay to develop system wide strategies to decrease length of stay, decrease risk of falls, as well as to predict successful outcomes

**Physical Therapy Presentation to New Residents** – August 2016 to 2019

- Lectures new internal medicine residents at University of Maryland-Midtown on physical therapy, appropriate and inappropriate consults and how best to utilize PT services

**Acute Care Orientation Leader** – July 2015 to Present

- Physical therapist providing orientation to new hires including orthopedic, combined medical-surgical, IMC and ICU floors

#### **Interviewer for Prospective Rehab Candidates** – January 2015 to Present

- Assist in the hiring of Physical and Occupational Therapists, Speech Language Pathologists for both full time and PRN staff

#### **Clinical Ladder Committee** – June 2015 to October 2015

- Developed a point system based on expertise, experience, community involvement, and presentations which determined therapists promotional level

#### **University of Maryland-Midtown Joint Class Instructor** – May 2014 to 2019

- Provide weekly presentations to patients scheduled for total hip or knee arthroplasty to educate them on expectations, discharge recommendations, equipment, exercises

#### **UMRN Balance and Fall Prevention Program** – May 2014 to May 2015

- Represented University of Maryland-Midtown in a multi-disciplinary network created to produce a system wide set of objective tests and measures designed to prevent falls in the hospital setting

### **HONORS AND AWARDS**

#### **Rehab Physical Therapist of the Year** – 2019, 2021, 2022

- University of Maryland-Midtown award selected by peers within the Rehab Department

#### **Employee of the Year** – June 2016 to June 2017

- University of Maryland-Midtown award nominated by peers and selected by the Executive Board for the entire hospital

#### **Integrity Award** – June 2014 to June 2015

- University of Maryland-Midtown award nominated by peers and selected by the Executive Board for the entire hospital.

#### **KPTA Research Committee Grant**, Frankfort, KY – February 2012

- Awarded a grant for poster presentation at American Physical Therapy Association Combined Sections Meeting in Chicago, IL

#### **Psy Chi National Honors Society**, University of Kentucky – Dec. 2005

#### **National Society of Collegiate Scholars**, University of Kentucky – Sep. 2003

### **PUBLICATIONS/PRESENTATIONS**

#### **Peer Reviewed Publication**

Topp R, Brosky JA, **Pieschel D**. The effects of either topical menthol or a placebo on functioning and knee pain among patients with knee OA. *Journal of Geriatric Physical Therapy*. 2012; Sep. 12: 1-8.

#### **Poster Presentations**

Film RJ, Swoboda M, **Pieschel D**, Sing E, Sparkes J, Nelson C, Zarro M, Shipley J, Johnson D, Mesa G. Developing an Orthopedic Physical Therapy Residency Program with a 4-Month Inpatient Rotation: Benefits and Challenges. American Physical Therapy Association Combined Sections Meeting, San Diego, CA 2023.

**Pieschel D**, Brosky TA, Topp R. Effects of 3.5% Menthol Gel on Knee Pain and Functioning in Patients with Knee Osteoarthritis. Poster session presented at American Physical Therapy Association Combined Sections Meeting; 2012 Feb. 8-12; Chicago, IL.

## **MEMBERSHIPS/PROFESSIONAL DEVELOPMENT**

American Physical Therapy Association – May 2009 to 2014

APTA Credentialed Clinical Instructor – 2014 to Present

BLS Certification – Apr. 2011 to Present

Matter of Balance Coach Training Certification – Feb. 2010