

EHS FAQ's for Residents & Fellows

1. **What do I need to do prior to my Employee Health Services (EHS) visit?**
 - a. Obtain immunization records or titers (Measles, Mumps, Rubella, Varicella, hepatitis B, Tdap) from School or Hospital,
 - b. Obtain record of tuberculin skin test result or TB blood test result—performed in the last 12 months or if skin test is reactive/positive, obtain copy of x-ray (interpretation) performed in the previous 12 months.
 - c. Send completed 5 page health questionnaire and registration form to employee_health@umm.edu as soon as possible, **no later than 4/30/18**.
2. **What can I expect during my Pre-placement health evaluation in EHS?** EHS RN will review your health questionnaire and any immunization/titer records, bloodwork may be done for titers if required, vaccinations will be offered if required, TB screening via TST or Questionnaire, Respirator Medical Clearance and Fit testing or education/demonstration back of Powered Air Purifying Respirator, Urine Drug Screen collection, distance vision screening, color vision screening, blood pressure, pulse, Height, weight and BMI.
3. **What should I do if I have a medical condition?** If you have a medical condition that requires medication (such as, but not limited to: anxiety, depression, bipolar disorder, ADD, migraines) or had a surgical procedure in the past year (such as, but not limited to: back, knee, hip, shoulder, wrist) or have another chronic medical condition which may impact your ability to perform job duties (such as, but not limited to: narcolepsy, seizure disorder,) medical documentation from your treating provider will be required. See specific UMMC 'Treating Physician Pre-Placement Medical Review' form. If required information is not received prior to the start date, the Residency Director will be notified that the employee has not completed employment clearance requirements.
4. **What type of testing will be done in EHS?** Labs for measles, mumps, rubella, varicella, hepatitis B titers – if necessary. Vaccination for measles, mumps, rubella, varicella, hepatitis B and Tdap – if necessary. Tuberculin skin testing. Urine drug screen collection. Blood pressure and pulse. Distance vision screening and color vision screening.
5. **Can I get a TST at my current institution?** Yes, UMMC needs a TST to be placed/read within the 60 days prior to start date, in order to clear an employee for new hire.
6. **Will I need a two-step tuberculin skin test (TST)?** UMMC EHS follows the CDC recommendation that all new hires at healthcare institutions are screened via 2 step TB screening. The CDC defines two step as: TST placement- then read in 2-3 days and repeated again in 1 – 3 weeks. UMMC EHS will accept a record of a TST if you had one placed/read in the prior 12 months as one of the two skin tests required.
7. **My current institution screens employees using IGRA blood test, is that ok?** Yes, UMMC will need an IGRA (T-spot or Quantiferon Gold) blood test result performed within 60 days prior to the start date in order to clear an employee for new hire (this will satisfy the two-step requirement).

- 8. I have had a skin reaction to the Tuberculin solution, what should I do?** UMMC will screen persons who have a skin reaction using a symptom based questionnaire. We also require evidence of a chest x-ray (indicating no disease) performed within the previous 12 months. If, the employee does not have evidence of a chest x-ray, we will send them for a chest x-ray here at the hospital at no cost to the employee.
- 9. I am currently reside in another state, can I get my urine drug screen completed in this state or do I need to wait until I relocate to Maryland?** UMMC EHS uses Quest Employer Solutions for urine drug screen (UDS) tests. We can search the Quest website and make arrangements for a UDS to be performed at a Quest location in your current state. In order to do this we will need some information (last name, first name, last 4 SSN, DOB, phone number, email, and address in your current state). We will search for the Quest location closest to the address that you provide. A Quest Authorization form will be generated and sent electronically to you. The urine drug screen cannot be performed more than 60 days prior to the start date at UMMC. (For example, if your start date is 7/1/18, the urine drug screen can be performed on 5/2/18 or later.)
- 10. I am going to be in Maryland in March to look for housing, can I schedule the pre-employment health evaluation to be performed in March?** Yes, we can schedule an appointment for when you are in Maryland and complete the majority of the components of the health evaluation. There are two components that we may not be able to perform during this appointment depending on the start date: 1. the urine drug screen which needs to be done within 60 days of your start date but we can arrange for a remote collection and 2. the tuberculin skin test which needs to be done 60 days prior to the start date.