

THE NEWSLETTER

Community Outreach and Engagement



COVID-19 Vaccine and Cancer

Experts recommend that people with cancer get the COVID-19 vaccine. Three doses of the Pfizer or Moderna vaccine are recommended for cancer patients and people with certain conditions. These conditions include:

- Receiving active cancer treatment such as chemotherapy or radiation
- Having an organ transplant and taking medicine to suppress the body's immune system
- Having a stem cell transplant within the last two years
- Having moderate or severe primary deficiency of the immune system, such as DiGeorge syndrome or Wiskott-Aldrich syndrome
- Receiving high-dose corticosteroid medication or other medication that may suppress your immune system
- Having advanced or untreated HIV infection

The third dose must be given at least 28 days after the first two doses are completed. The third dose is different from a booster shot. It is important to get the COVID-19 vaccine if you have cancer, because cancer weakens the body's immune system. If you have specific questions or concerns, discuss them with your doctor.

Adult cancer survivors who are not in the categories listed above should get a COVID-19 booster shot. For the Pfizer and Moderna vaccines, a booster should be given six months after the second shot. For the Johnson & Johnson vaccine, a booster should be given two months after the first dose. Discuss with your doctor whether you have a qualifying condition that means you should get a third dose rather than a booster shot.

IN THIS ISSUE

**COVID-19 VACCINE AND
CANCER.....1**

**RECAP OF CANCER
AWARENESS MONTH
ACTIVITIES.....2**

**LUNG, PANCREATIC,
PROSTATE CANCER ...3**

**COMMUNITY
RESOURCES.....4**

Connect with us!

Facebook: @umgccc

Twitter: @umgccc

www.umgccc.org/community

umgccc-outreach@som.umaryland.edu



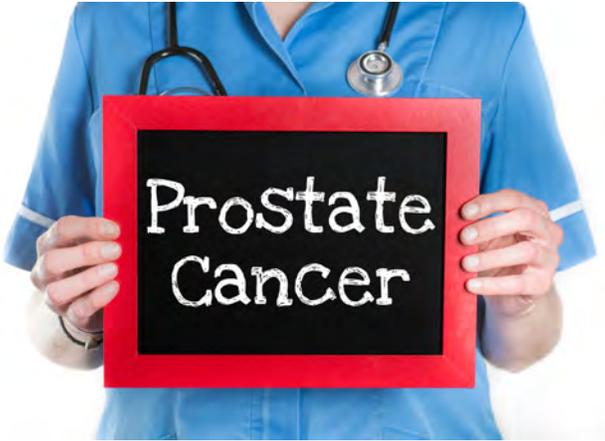
OUTREACH HAPPENINGS

We are excited to share everything we have done over the last few months! In October, we kicked off Breast Cancer Awareness Month with a major resource bag distribution event. In November, we did presentations and focused on cancer awareness. Keep reading for more details!

Color Baltimore City Pink 2021

Our Cancer Health Ambassador Rev. Dr. Ruth Travis led the effort to bring awareness to breast cancer by organizing four major pandemic-safe events. In October, she hosted a car caravan through different neighborhoods where volunteers decorated their cars and handed out resource bags to residents. On Saturdays in October, 20 volunteers stood on the corners of several neighborhoods in Baltimore City, handing out cancer resource bags to breast cancer survivors and their families as they drove by. Resource bags, donated by the partners of the University of Maryland, had literature, personal protective equipment, and a guide with information for survivors and those going through the breast cancer journey to find local resources. We distributed over 1,000 bags to breast cancer survivors and their families. *If you would like to join this effort in October 2022, email us at umgcc-outreach@som.umaryland.edu*





Prostate Cancer

According to the National Cancer Institute, prostate cancer is the most common cancer and the second leading cause of cancer death among men in the United States. Prostate cancer usually grows very slowly, and finding and treating it before symptoms occur may not improve men's health or help them live longer.

Lung Cancer

Lung cancer includes two main types: non-small cell lung cancer and small cell lung cancer. Smoking causes most lung cancers, but nonsmokers can also develop lung cancer. Explore the links on this page to learn more about lung cancer treatment, prevention, screening, statistics, research, clinical trials, and more.

<https://www.cancer.org/treatment/treatments-and-side-effects.html>



Pancreatic Cancer

UMGCCC was one of the first centers in the United States to be recognized by the National Pancreas Foundation for our expertise in treating pancreatic cancer. To find out more about the work being done and treatment options at UMGCCC, visit the [website](#) or call (410) 328-7904 to speak with a Patient Referral Coordinator.



Flu Season

It is flu season! The flu is caused by the influenza virus and causes an infection of the nose, throat, and lungs. The most important ways to reduce your risk of getting the flu are to wash your hands, wear a mask, and get vaccinated. Click here to learn more about the flu. If you are interested in getting a flu vaccine, contact your [local health department](#).



Resources

Is your organization in need of cancer-related materials or in search of speakers to present to your community? The UMGCCC Community Outreach and Engagement team can help!

Our Goal

Ensure that community cancer views and priorities inform the work that we do at the Cancer Center in cancer outreach, education, screening, treatment, and research.

Our Team

- *Helps get the word out about how to find cancer early
- *Provides trusted education about cancer to community members and groups
- *Serves as a trusted resource to meet community cancer needs

Our Services

- *Support for health fairs and other community health events
 - *Provide cancer educational workshops
- *Lead cancer-relevant presentations for audiences of all sizes
 - *Provide cancer education materials
- *Train community members as Community Health Advisors
 - *Provide resources for no-cost cancer screening services

Complete a request [HERE!](#)

Local toy, clothing, and food drives

- [Maryland Foodbank](https://mdfoodbank.org) <https://mdfoodbank.org>
- [Maryland Community Connection](#)
- [Baltimore Food and Toy Drives](#)
- [Maryland 211](#)

**For questions about medications, appointments, or other non-emergency concerns, call the UMGCCC Patient Assistance Line:
410-328-7609**