



THE NEWSLETTER

Community Outreach and Engagement



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COVID-19 and the Holidays

Caught in the grips of this public health crisis for almost all of 2020, Americans are growing tired and restless. The lockdowns and the extended period of social distancing needed to reduce the spread are negatively impacting people’s mental health. It may be the lack of touch or a simple hug that we miss the most.

This is the time of year when we look forward to holidays to reunite with loved ones, often celebrating with large gatherings and extended celebrations. But, at a time when cases are increasing, these activities may present a serious risk for virus transmission. Consider these tips from the Centers for Disease Control and Prevention (CDC) to lower the risk of spreading COVID-19 during the holiday season:

- Stay home as much as possible; limit your travel
- Host small gatherings only with those who live with you
- Have virtual holiday dinners with family
- Shop online instead of in-person

For more tips, visit the CDC's [website](#).

How is the University of Maryland Greenebaum Comprehensive Cancer Center (UMGCCC) keeping patients safe during the pandemic?

Read important updates about patient protection, appointment scheduling, and helpful resources [here](#).

Connect with us!
Facebook: @umgccc
Twitter: @umgccc
www.umgccc.org/community
umgccc-outreach@som.umaryland.edu



OUTREACH HAPPENINGS

We are excited to share everything we have done over the last few months! In October, we kicked off breast cancer awareness month with a major resource bag distribution event. In November, we posted a social media series focused on lung, pancreatic, and thoracic cancer awareness month. Keep reading for more details!

Color Baltimore City Pink

Our Cancer Health Ambassador, Rev. Dr. Ruth Travis, led the effort in bringing awareness to breast cancer by organizing two major pandemic-safe events. In September, she hosted a car caravan through the neighborhood of Cherry Hill where volunteers decorated their cars and handed out resource bags to residents. On Saturdays in October, 20 volunteers stood on the corners of several neighborhoods in Baltimore City, handing out resource bags to breast cancer survivors and their families as they drove by. Resource bags, donated by the Susan G. Komen Foundation, had a cozy pair of socks, journal with a pen, and guide with information for survivors and those going through the breast cancer journey to find local resources. We distributed over 200 bags to breast cancer survivors and their families. ***If you would like to join this effort in October 2021, email us at umgcc-outreach@som.umaryland.edu***



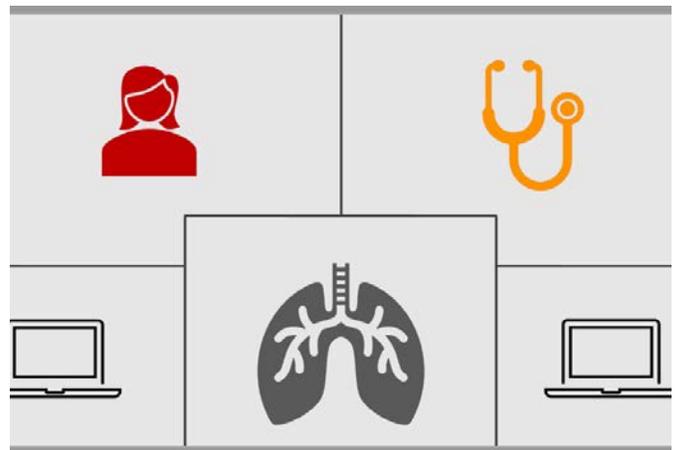


Lung Cancer

According to the National Cancer Institute, lung cancer is the leading cause of cancer deaths in the United States in both men and women. The oncology experts at UMGCCC are at the forefront of medical advances, including the latest lung cancer screening and treatment options. To find out more about the work being done at UMGCCC, watch [this video](#) featuring thoracic surgeon, Dr. Shelby Stewart, discussing advances in lung cancer treatment.

Thoracic Cancer

Do you know about UMGCCC's TeleThoracic program? UMGCCC has long provided the highest level of care for lung cancer and various other chest conditions, and now they have made access to care even easier by offering online consultations with our top experts. You will have the opportunity to discuss treatment options and ask questions from the comfort and safety of your home, before coming into the center for treatment. For more questions or to see if this option might be right for you, visit the [website](#) or call 1-888-754-6631.



Pancreatic Cancer

UMGCCC was one of the first centers in the United States to be recognized by the National Pancreas Foundation for our expertise in treating pancreatic cancer. To find out more about the work being done and treatment options at UMGCCC, visit the [website](#) or call (410) 328-7904 to speak with a Patient Referral Coordinator.

Flu Season

It is flu season! The flu is caused by the influenza virus and causes an infection of the nose, throat and lungs. One of the most important ways to reduce your risk of getting the flu is to get vaccinated. Click [here](#) to learn more about the flu. If you are interested in getting a flu vaccine, contact your [local health department](#).



Resources

Is your organization in need of cancer-related materials or in search of speakers to present to your community? The UMGCCC Community Outreach and Engagement team can help!

Our Goal

Ensure that community cancer views and priorities inform the work that we do at the Cancer Center in cancer outreach, education, screening, treatment, and research.

Our Team

- *Helps get the word out about how to find cancer early
- *Provides trusted education about cancer to community members and groups
- *Serves as a trusted resource to meet community cancer needs

Our Services

- *Support for health fairs and other community health events
 - *Provide cancer educational workshops
- *Lead cancer-relevant presentations for audiences of all sizes
 - *Provide cancer education materials
- *Train community members as Community Health Advisors
 - *Provide resources for no-cost cancer screening services

Complete a request [HERE!](#)

Local toy, clothing and food drives

- [Maryland Foodbank](#)
- [Maryland Community Connection](#)
- [Baltimore Food and Toy Drives](#)
- [Maryland 211](#)

**For questions about medications, appointments, or other non-emergency concerns, call the UMGCCC Patient Assistance Line:
410-328-7609**