

## 2018 Community Outreach Summary

<b>PREVENTION</b>						
<b>Program/Community Need Assessed</b>	<b>Activity</b>	<b>Date Held</b>	<b>Number Participants</b>	<b>Nat'l Guidelines</b>	<b>Date Discussed</b>	<b>Summary of Effectiveness</b>
Decreasing smoking/lung cancer	Smoking Cessation	1/11-2/13/18	6	NCCN	2/21/2018	67% stopped smoking at end of session
Decrease cervical cancer rate; use of vaccination	Dining with Docs	1/11/2018	30	USPSTF/CDC/ ACS guidelines	2/21/2018	Overall HPV campaign: 34% increase in HPV vaccinations
Decreasing smoking/lung cancer	Smoking Cessation	4/5-5/10/18	7	NCCN	5/16/2018	50% stopped smoking at end of session
Decreasing smoking/lung cancer	Smoking Cessation	9/6-10/11/18	5	NCCN	12/19/2018	33% stopped smoking at end of session
Decreasing smoking/lung cancer	Smoking Cessation	10/27-12/8	9	NCCN	12/19/2018	44% stopped smoking at end of session

<b>SCREENINGS</b>							
<b>Program/Community Need Assessed</b>	<b>Activity</b>	<b>Date Held</b>	<b>Number Participants</b>	<b>Nat'l Guidelines</b>	<b>Date Discussed</b>	<b>Summary of Effectiveness</b>	<b>Process to Follow up</b>
Effects of smoking- reduce head/neck cancer	Oral Cancer Screening	4/2-4/6/18	40	USPSTF/CDC/ ACS guidelines	5/16/2018	information table	
Effects of sun exposure reduce skin cancer	Skin Cancer Screening	5/14/2018	8	NCI/ACS guidelines	5/16/2018	Dr Jaffe's PA in HMH van -- worked well	no cancer identified
Effects of sun exposure reduce skin cancer	Skin Cancer Screening	5/15/2018	12	NCI/ACS guidelines	5/16/2018	Dr Jaffe's PA in KCC Multi-D 3 referred for suite --worked well	3 referred for further testing
Effects of sun exposure reduce skin cancer	Skin Cancer Screening	5/18/2018	47	NCI/ACS guidelines	9/19/2018	Dr Kurganzki focus on ages 8-30.	8 referrals (6 under age of 21)

<b>OTHER COMMUNITY OUTREACH</b>				
<b>Activity</b>	<b>Description</b>	<b>Date</b>	<b># Attending</b>	<b>Date discussed</b>
Public Health Matters	MDs discussion HPV vaccin emphasis on vaping	1/30/2018		2/21/2018
Bel Air Middle School Fair	information table at	2/8/2018	45	2/21/2018
Colorectal Ca awareness	UCMC/HMH cafeterias	3/5-3/9/18	31	5/16/2018

Colon Cancer Awareness Health Fair	various sites provided education re colon cancer prevention	3/14/2018	24	5/16/2018
Wellness & Prevention	lung ca prevention and cancer screening	3/18/2018	35	5/16/2018
Cancer Survivors Day	National Survivors day celebration-	6/3/2018	250	9/19/2018
Nutramax Health Fair	cancer screening/smoking cessation	6/14/2018	35	9/19/2018
Colon Cancer Education	GI physicians at Ripkin Stadium	7/13/2018	700	9/19/2018
Caregiver Retreat	supportive sessions as caregivers	7/31/2018	16	9/19/2018
Kids for Hope	600 registered, 50 to CLN table	9/8/2018	600/50	9/19/2018
Good Timers Group	information re cancer at older age	9/12/2018	35	9/19/2018
Grand Rounds -State of Health	County health issues	9/18/2018	>60	9/19/2018
Kick-Off for Festival of Trees	Fundraiser for CLN	9/20/2018	60	12/19/2018
Cancer survivorship Forum	review standards and best practice	9/21/2018	40	12/19/2018
HCC Student Health Fair	Focus on HPV vaccine	9/24/2018	50	12/19/2018
Breast Cancer Awareness	Info table and sign up for mammograms	10/2/2018	>15	12/19/2018
APG Women's Health Fair	15 women very engaged in learning	10/10/2018	25	12/19/2018
Women's Defense Lunch	education related to breast cancer	10/11/2018	75	12/19/2018
Clark Methodist Church	health fair with African American population	10/13/2018	25	12/19/2018
KCC Breast Ca Symposium	Breast Ca staging and Sexual Function	10/16/2018	>75	12/19/2018
Ladies Night Out	breast cancer awareness reach out to African American women re	10/17/2018	40	12/19/2018
Breast-iful Expo	breast cancer	10/20/2018	70	12/19/2018

Chemo Blanket Group	create blankets for pts in Infusion Movie at Harford Comm	10/23/2018	50	12/19/2018
Someone Like You movie	College	11/1/2018	20	12/19/2018
Lung Cancer Awareness	tables at cafeterias information table/lung	11/5/2018	55	12/19/2018
Lung Cancer Awareness	cancer screening	11/6/2018	>50	12/19/2018

## 2018 Lung Screening Data

Month	Number Screened	Nodules Identified	Further Eval	Cancers Identified	Follow-up Patients	Nodules Present	Further Eval	Cancers Identified
January	4	2	0	0	16	14	2	0
February	6	4	3	1	18	11	1	1
March	2	2	0	0	18	9	1	1
April	1	1	1	0	25	17	8	0
May	5	4	2	0	27	19	4	0
June	4	3	2	1	22	18	2	0
July	6	4	2	0	17	14	2	0
August	3	1	2	0	18	13	4	2
September	5	3	2	0	22	12	2	0
October	7	2	1	0	26	15	1	0
November	9	3	2	0	27	17	10	1
December	10	8	0	0	14	11	0	0
<b>Total</b>	<b>62</b>	<b>37</b>	<b>17</b>	<b>2</b>	<b>250</b>	<b>170</b>	<b>37</b>	<b>5</b>

2.2% of patients have cancers identified. Total of 312 patients seen

When the cancers are identified the patients are referred to the thoracic surgery practice and possibly multi-d lung clinic.

**2018 Classes Follow Up Rates**

**Smoking Cessation**

**Performance Measures**

- # Participants registered for the program
- # Participants who attended at least 3 sessions -total
- # Participants who received patches
- # Participants who received gum
- # Participants who received lozenges
- # Participants who received patches and gum
- # Participants who received patches and lozenges
- # Participants who received referral to MD QUIT line
- # Participants who succeeded in quitting tobacco

2018	2018	2018	2018
Jan. 11 - Feb. 13	April 5 - May 10	Sept. 6 - Oct. 11	Nov. 6 - Dec. 11
6	7	5	9
6	6	3	9
1	2	2	5
2	0	0	0
1	1	1	1
1	0	0	0
2	1	0	4
6	6	5	11
4 (67%)	3 (50%)	1 (33.3%)	4 (44%)

**Jan. 11- Feb. 13, 2018**

1. Everyone involved with running or setting up the program continues to be amazingly supportive.
2. The Kaufman Cancer was forced to move all of their education programs offsite, due to flu precautions. We moved to the Bel Air Library. The program then had to change nights from Thursday to Tuesday for several of the sessions. Regrettably, there were no other locations available on Thursday evenings. That ended up being all right, except for the final session; Greta Brand was unable to attend; the group initially wanted to go ahead and meet without her; but then only a few people were actually able to attend that final session.
3. Four (4) of the class members had a prior program.
4. There were two people who attended for only one session, so they could receive Vouchers (one for patches, the other for lozenges). They are not counted in the number of people to follow up, as they only came for one session.
5. The other six people attended a minimum of three sessions of the program; they will be included in the follow up.
6. Three people had quit by the fifth (final) week of the program; a fourth person quit the following day, and now has gone for three days without tobacco. She surprised herself and is quite proud of her admittedly brief success.
7. There was one person with behavioral health concerns.
8. There were no employees of UM UCH or the Kaufman Cancer Center.
9. This small group remained dedicated to the program, despite changing locations and nights for the meetings. They were extremely supportive of one another.

**April 5- May 10, 2018**

1. Everyone involved with running or setting up the program continues to be amazingly supportive.
2. One of the participants was facing imminent job loss, and did not complete the program.
3. One of the class members experienced great difficulty in attending due to commuter traffic from her job.
4. There was one person with behavior health concerns.
5. Six people attended a minimum of three sessions of the program; they will all be included in the follow up.
6. There were no employees of UM Upper Chesapeake Health Center or the Kaufman Cancer Center.

**Sept. 6 - Oct. 11, 2018**

1. Everyone involved with running or setting up the program continues to be amazingly supportive.
2. One of the participants was dealing with health issues, and only attended the first night of the program.
3. One of the participants attended one session, to maintain his tobacco-free status.
4. Three people attended a minimum of three sessions of the program; they will all be included in the follow up.
5. There were no employees of UM Upper Chesapeake Health or the Kaufman Cancer Center.
6. There were two evenings when the weather was inclement, and that had an impact on attendance.

**Nov. 6 - Dec. 11, 2018**

1. Everyone involved with running or setting up the program continues to be amazingly supportive.
2. One of the participants was coping with enormous family tragedies, and did not stop smoking.
3. One of the participants was hospitalized during the program, and did succeed in quitting.
4. Nine people attended a minimum of three sessions of the program; they will all be included in the follow-up.
5. There were two employees of University of Maryland, Upper Chesapeake Health Center or Kaufman Cancer Center.