

2016 Community Outreach Summary

PREVENTION						
Program/Community Need Assessed	Activity	Date Held	Number Participants	Nat'l Guidelines	Date Discussed	Summary of Effectiveness
Decreasing smoking/lung cancer	Smoking Cessation	1/7-2/18/16	7	NCCN	5/18/2016	43% stopped smoking at end of session
Increase colonoscopy for those eligible	Colorectal Ca awareness	March	178	USPSTF/CDC/ ACS guidelines	5/18/2016	Provided kits to all Senior Ctrs and Sr Living
Decreasing smoking/lung cancer	Smoking Cessation	4/7-5/12/16	10	NCCN	5/18/2016	80% stopped smoking at end of session
Decreasing smoking/lung cancer	Smoking Cessation	9/8-10/13/16	9	NCCN	12/13/2016	22% stopped smoking at end of session
Decreasing smoking/lung cancer	Smoking Cessation	10/27-12/8/16	5	NCCN	12/13/2016	40% stopped smoking at end of session
Decreasing smoking/lung cancer	Lung Cancer Awareness - smoking cessation sign up	11/5/2016	40	NCCN	12/13/2016	

SCREENINGS							
Program/Community Need Assessed	Activity	Date Held	Number Participants	Nat'l Guidelines	Date Discussed	Summary of Effectiveness	Process to Follow up
Effects of smoking- reduce head/neck cancer	Oral Cancer Screening	4/11/2016	30+	USPSTF/CDC/ ACS guidelines	5/18/2016	information table Dr Rodriques office-Suite 206 Bel Air--participants	no cancer identified
Effects of smoking- reduce head/neck cancer	Oral Cancer Screening	4/19/2016	5	USPSTF/CDC/ ACS guidelines	5/18/2016	liked going to MD office Dr Day's office - 421 S Union Ave, HdGrace	no cancer identified
Effects of smoking- reduce head/neck cancer	Oral Cancer Screening	4/26/2016	5	USPSTF/CDC/ ACS guidelines	5/18/2016	participants liked going to MD office	no cancer identified
Effects of sun exposure reduce skin cancer	Skin Cancer Screening	5/16/2016	15	NCI/ACS guidelines	5/18/2016	Dr Jaffe's PA in HMH van -- worked well	no cancer identified
Effects of sun exposure reduce skin cancer	Skin Cancer Screening	5/18/2016	14	NCI/ACS guidelines	9/21/2016	Dr Jaffe's PA in KCC Multi-D suite --worked well	no cancer identified
Effects of sun exposure reduce skin cancer	Skin Cancer Screening	5/26/2016	14	NCI/ACS guidelines	9/21/2016	Dr Jaffe's PA In Dr Jaffe's office	no cancer identified

OTHER COMMUNITY OUTREACH				
Activity	Description	Date	# Attending	Date discussed
Red Dress Pink Ribbon	favorable comments re learn new techniques emphasis on lung	2/27/2016	31	5/18/2016
Jones Junction Health Fair	screening information	5/18/2016	50	5/18/2016 9/21/2016
Skin Cancer Awareness	information table	6/6/2016	35	9/21/2016
Skin Cancer Awareness	information table	6/8/2016	40	9/21/2016
Nutramax Health Fair	cancer screening/smoking cessation McFaul Ctr, Bel Air Lung	6/23/2016	35	9/21/2016
Senior Resource Fair	Screening audience Activity table: screening	9/17/2016	200	9/21/2016
Health Harford Day	guidelines Registered for	9/24/2016	2000	12/13/2016
Breast Cancer Awareness	mammograms health fair with high	10/1/2016	50	12/13/2016
Clark Methodist Church	cancer risk population	10/8/2016	50	12/13/2016
Breast Cancer Awareness	health fair	10/9/2016	200	12/13/2016
Breast Ca Book Club	Book club: I Wore Lipstick to my Mastectomy health fair-- Dr Steinmetz	10/13/2016	10	12/13/2016
Breast Cancer Awareness	presented	10/16/2016	200	12/13/2016
KCC Breast Ca Symposium	team members/physician audience	10/18/2016	65	12/13/2016
HdeGrace Housing Auth	met to discuss experience with breast cancer community group	10/22/2016	8	12/13/2016
Breast Cancer Awareness	presentation workshops/information	10/26/2016	30	12/13/2016
Mt Sinai Baptist Church	re screenings	11/4/2016	150	12/13/2016

Lung Cancer Awareness	Harford Cable Network broadcast re lung screening	11/10/2016		12/13/2016
Lung Cancer Awareness	Education to nurses re lung screening criteria/program	11/21/2016	40	12/13/2016

2016 Lung Screening Data

Month	Number Screened	Nodules Identified	Further Eval	Cancers Identified	Follow-up Patients	Nodules Present	Number Nodules	Further Eval	Cancers Identified
January	16	8	2	0	11	8	3	2	0
February	19	10	5	0	10	7	3	0	0
March	20	10	4	0	23	12	11	2	0
April	13	6	2	0	29	21	8	6	2
May	10	5	0	0	20	10	10	3	2
June	12	2	10	0	7	6	1	2	0
July	10	6	2	1	3	2	1	0	0
August	15	7	0	0	37	18	19	4	0
September	9	4	5	0	18	13	5	7	0
October	10	6	3	1	18	12	6	1	0
November	9	3	1	1	21	15	6	3	1
December	0	0	0	0	12	8	4	1	0
Totals	143	67	34	3	209	132	77	31	5

2.3% of patients have cancers identified. Total of 352 patients seen

When the cancers are identified the patients are referred to the thoracic surgery practice and possibly multi-d lung clinic.

2016 Classes

Smoking Cessation				
Performance Measures	2016		2016	
	Jan7-Feb 18	Apr 7-May 12	Sep 8-Oct 13	Oct.27-Dec. 8
# Participants registered for the program	11	12	14	9
# Participants who attended at least 3 sessions -total	7	10	9	5
# Participants who received patches	4	4	5	1
# Participants who received gum	1	0	0	0
# Participants who received lozenges	0	0	0	0
# Participants who received patches and gum	0	1	3	0
# Participants who received patches and lozenges	0	5	4	5
# Participants who succeeded in quitting tobacco	3 (43%)	8 (80%)	2 (22%)	2 (40%)

Notes:

Jan 7-Feb18, 2016

1. The program was interrupted by snow, used snow date for final session
2. Everyone involved with running or set-up of the program were very supportive
3. Five (5) of the seven (7) attendees had attended two other programs, and two of them succeeded
4. To be included in the total number of attendees, a person would need to attend a minimum of three (3) sessions
5. Class was mostly UCH employees who attended for insurance benefit.
6. Despite initial attitudes, once succeeded in quitting and another has set March 1 as a quit date.

Apr 7-May 12, 2016

1. Everyone involved with running or set-up of the program were very supportive
2. Two (2) of the attendees attended a prior program, and one person succeeded
3. To be included in the total number of attendees, a person would need to attend a minimum of three (3) sessions
4. This wonderful group really supported one another beautifully
5. One was an employee and attended five of six sessions.

Sep 8- Oct 13, 2016

1. Everyone involved with running the program or setting up the program was amazingly supportive.
2. Two (2) of the class members had attended a prior program.
3. The program was broken up by torrential rain during one session; and the final session was held in another room. Weather alone will diminish class size. It is unclear if changing the classroom made any difference in attendance, since that only occurred for the last session.
4. All persons who attended a minimum of three (3) sessions of the program will be included in the follow up of class members.
5. There were several people with health concerns; one was blind, and two others had mental health issues.
6. There were two brothers who plan on quitting in late October. They may choose to attend another session.
7. One class member was an employee who required surgery during the program. She was able to attend only two sessions. She may also choose to take another class.
8. One class member became ill for the final session.

Oct. 27 - Dec. 8, 2016

1. Everyone involved with running or setting up the program was amazingly supportive
2. Four (4) of the class members had attended a prior program.
3. The program ran on Thursday evenings. The Thanksgiving holiday broke up the sessions, causing attrition. In 2017, we will schedule the sessions to be completed before Thanksgiving.
4. There were five (5) persons who attended a minimum of three (3) sessions of the program; they will be included in the follow up of classes.
5. There were several people with health concerns: one had mental health issues, while three had major physical concerns.
6. One class member required surgery during the program. He was unable to continue attending. He may also choose to take another class.