

Cardiac Surgery ERAS Pathway



FINISH



Preoperative

- Education
- Shortened Fast
- Carb Load
- Prehab
- PONV Prophylaxis
- Preop Anemia
- SSI Reduction Bundle
- Discharge Planning

Intraoperative

- Multimodal Analgesia
- Blood Conservation
- Glycemic Control
- SSI Reduction Bundle
- Maintain Normothermia
- Optimize Oxygen Delivery
- Minimize Crystalloids

Postoperative

- Early Extubation
- PONV Prophylaxis
- Multimodal Analgesia
- Blood Conservation
- Glycemic Control
- Early Mobility
- Early Feeding
- Optimize Oxygen Delivery
- Move in the Tube
- Discharge Planning

Care Team

Patient + Surgeon + Anesthesia + Perfusion + Nursing + Advanced Practice + Rehab Services
Case Management + Pharmacy + Nutritional Services + Healing Therapy + Respiratory Therapy