

SOS

Survivors Offering Support

at The Cancer Institute at University of Maryland St. Joseph Medical Center



You are a survivor, starting *now*.

Transition to Survivorship Program

We want you to have the tools you need to successfully re-enter life after breast cancer and fully embrace your newfound wellness.

This **FREE** workshop provides:

- **Candid roundtable discussion** with breast cancer survivors about the issues they faced while transitioning to survivorship.
- **Personal insight and information** of special help to you as you near the end of your treatment and begin life as a breast cancer survivor.
- **Key health recommendations and lifestyle information** to help maintain your best health and well-being.



To learn more, contact Susan Feild, RN, BSN, CN-BN,
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