

David M. Pieschel, PT, DPT
Curriculum Vitae

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EDUCATION

Bellarmino University, Louisville, KY May 2009 to Dec. 2012
Degree: Doctor of Physical Therapy

University of Kentucky, Lexington, KY Aug. 2000 to Dec. 2005
Degree: Bachelor of Science, Psychology

PROFESSIONAL EXPERIENCE

University of Maryland Midtown Campus Jul. 2013 to Present
Level 3 Acute Physical Therapist, Baltimore, MD

- Manage a high-volume case load for acutely ill patients, develop personalized exercise programs, plan of care and discharge recommendations
- Organize the daily patient assignments of acute care physical therapists
- Supervise physical therapy students on acute care clinical rotations
- Conduct weekly educational joint class for patients scheduled for joint replacement surgery
- Additional experience rotating through outpatient clinic and post-acute specialty unit

University of Maryland Amyotrophic Lateral Sclerosis (ALS) Clinic Jul. 2015 to Present
Lead Physical Therapist, Baltimore, MD

- Perform evaluations for mobility, individualized exercise plans, recommendations for adaptive equipment to maximize patient independence, develop multidisciplinary plan of care with neurologist, pulmonologist and other rehabilitation disciplines
- Provide Functional Mobility Evaluations (FME) for customized power wheelchairs
- Organize the purchase of appropriate adaptive equipment and supplies for clinic and manage distribution to patients

University of Maryland- Midtown Rapid Wean Program May 2014 to May 2016
Lead Physical Therapist, Baltimore, MD

- Organized physical therapy for patients identified for the rapid wean program to progress mobility while being weaned from mechanical ventilation
- Attended multi-disciplinary rounds to discuss progress of rapid wean patients with care providers from Pulmonology, Respiratory Therapy, Occupational Therapy, Speech Therapy and Nursing

Norton Hospital Jul. 2009 to Jan. 2013
Rehabilitation Technician, Louisville, KY

PRN rehabilitation technician at a major metropolitan hospital while a full time graduate student in DPT Program

- Assisted PT/PTAs with patient care (line/tube control, balance, transfers)
- Processed orders and prepared the patient board

Jeff Ayres Physical Therapy Aug. 2007 to May 2009

Full-time Rehabilitation Technician, Louisville, KY
Privately owned outpatient orthopedic clinic

- Assisted PT/PTAs with patient care of 20-25 patients per day
- Performed direct patient care with exercise program
- Transcribed dictations and performed insurance verifications

Commonwealth Physical Therapy

May 2003 to Jun. 2007

Part-time Rehabilitation Technician, Lexington, KY

Outpatient orthopedic clinic that specialized in whiplash/motor vehicle accidents

- Assisted PT/PTAs with patient care of 15-20 patients per day
- Performed Multi-Cervical Unit strength training
- Performed patient scheduling, transcription and insurance verification
- Processed patient billing
- Retrieved medical records and organized medical records warehouse
- Participated in health fairs and marketing at MD offices

ORGANIZATIONAL ACTIVITIES

Orthopedic Residency Acute Care Clinical Specialist

Feb. 2018 to Present

- Member of University of Maryland Medical System team of educators responsible for developing physical therapy residency track, education, clinical experience with emphasis on acute care orthopedic training

Acute Care Policy Committee

Jan. 2018 to Present

- Develop policy for acute care documentation requirements within EPIC EMR for the University of Maryland-Midtown

University of Maryland Rehab Network (UMRN) Limb Loss Committee

Oct. 2017 to Present

- Represent University of Maryland-Midtown in developing evidence based best practice for limb management throughout the continuum of care from acute amputation to obtaining a prosthesis and outpatient training

Safe Patient Handling Presentations

Jan. 2016 to Present

- Educate new hire RNs/PCTs during orientation on proper lifting mechanics, mobility screens, and use of different mechanical lift equipment

UMRN Joint and Spine Committee

Jul. 2016 to Present

- Represent University of Maryland-Midtown in a multi-disciplinary network created to generate data on the volume of spine and joint replacement surgeries, patient outcomes, and lengths of stay in order to develop system wide strategies to decrease length of stay, decrease risk of falls, and to predict successful outcomes

Physical Therapy Presentation to New Residents

Aug. 2016 to Present

- Lecture new internal medicine residents at University of Maryland-Midtown on what physical therapy is, appropriate and inappropriate consults, how best to utilize PT services

Acute Care Orientation Leader

Jul. 2015 to Present

- Lead physical therapist providing orientation to new hires including orthopedic, combined medical-surgical, IMC and ICU floors

Interviewer for Prospective Rehab Candidates

Jan. 2015 to Present

- Assist in the hiring of Physical and Occupational Therapists, Speech Language Pathologists for both full time and PRN staff

Clinical Ladder Committee

June 2015 to October 2015

- Developed a point system based on expertise, experience, community involvement, and presentations which determined therapists promotional level

University of Maryland-Midtown Joint Class Instructor

May 2014 to Present

- Provide weekly presentations to patients scheduled for total hip or knee arthroplasty to educate them on expectations, discharge recommendations, equipment, exercises

UMRN Balance and Fall Prevention Program

May 2014 to May 2015

- Represented University of Maryland-Midtown in a multi-disciplinary network created to produce a system wide set of objective tests and measures designed to prevent falls in the hospital setting

HONORS AND AWARDS

Employee of the Year

June 2016 to June 2017

- University of Maryland-Midtown award nominated by peers and selected by the Executive Board for the entire hospital

Employee of the Year Nomination

June 2014 to June 2015

- University of Maryland-Midtown award nominated by peers and selected by the Executive Board for the entire hospital

Integrity Award

June 2014 to June 2015

- University of Maryland-Midtown award nominated by peers and selected by the Executive Board for the entire hospital.

KPTA Research Committee Grant Frankfort, KY

Feb. 2012

- Awarded a grant for poster presentation at American Physical Therapy Association Combined Sections Meeting in Chicago, IL

Psy Chi National Honors Society University of Kentucky

Dec. 2005

National Society of Collegiate Scholars University of Kentucky

Sep. 2003

PUBLICATIONS/PRESENTATIONS

Peer Reviewed Publication

Topp R, Brosky JA, **Pieschel D**. The effects of either topical menthol or a placebo on functioning and knee pain among patients with knee OA. *Journal of Geriatric Physical Therapy*. 2012; Sep. 12: 1-8.

Poster Presentation

Pieschel D, Brosky TA, Topp R. Effects of 3.5% Menthol Gel on Knee Pain and Functioning in Patients with Knee Osteoarthritis. Poster session presented at: American Physical Therapy Association Combined Sections Meeting; 2012 Feb. 8-12; Chicago, IL.

MEMBERSHIPS/PROFESSIONAL DEVELOPMENT

American Physical Therapy Association

May 2009 to Present

APTA Credentialed Clinical Instructor

2014 to Present

BLS Certification

Apr. 2011 to Present

Matter of Balance Coach Training Certification

Feb. 2010