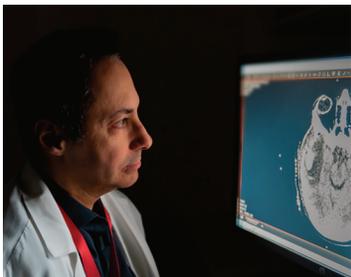




**The University of Maryland Rehabilitation & Orthopaedic Institute**

is Maryland's largest and most comprehensive rehabilitation and orthopedic specialty hospital. Our experts provide multi-specialty care to people recovering from stroke and neurological diseases, as well as spinal cord, brain, and other traumatic injuries. At the University of Maryland Rehabilitation & Orthopaedic Institute, we are leaders in research focused on neurological conditions, sports medicine, musculoskeletal diseases, and robotic technologies for improved movement.



**Adapted Sports Festival**

Since 2009, the University of Maryland Rehabilitation & Orthopaedic Institute has hosted an annual free adapted sports festival, designed for individuals with physical disabilities and their families. This year's tenth annual festival saw athletes from across the state of Maryland, with a range of conditions participate in sports like quad rugby, golf, wheelchair tennis, rock climbing, and more.

**Living Well Workshop**

In order to provide the best possible care to our patients and members of our community, we look beyond discharge, at the way our patients live every day. Through the Living Well Workshop, our free six-week course, we built an accessible action plan to help our patients and members of the community improve daily life.

We taught attendees, many of whom suffer from a range of chronic conditions, how to manage fatigue and pain, decrease frustration, eat healthier, communicate better with their physicians, and ultimately regain control over their lives.

**Routine to Complex Dental Care for the Whole Family**

Our team of experienced dentists works in a hospital setting where special needs patients receive the dental care they need in the safest, most comfortable environment possible.

Our dentists use the latest technology to provide preventive, diagnostic, restorative, prosthetic services so patients can access the full spectrum of dental care, all in one place. Our dedicated pediatric and general dentists specialize in treating patients of all ages from across the state, including those with special needs. With a full renovation completed in August, our dentists can now provide advanced treatments so that everyone can get the care they require.

**Wheelchair Basketball Clinic**

The University of Maryland Rehabilitation & Orthopaedic Institute's Adapted Sports Program partnered with Baltimore City Recreation and Parks Therapeutic Recreation Division to offer a free wheelchair basketball clinic. Our eight-week instructional clinic taught the basics of wheelchair basketball to beginners and intermediate-level, skilled players. The clinic included instructional sessions and scrimmages led by an experienced wheelchair basketball player, with sports chairs provided by University of Maryland Rehabilitation & Orthopaedic Institute.

# Community Health Needs Assessment

To effectively achieve our community health mission, University of Maryland Rehabilitation & Orthopaedic Institute conducted a formal community health needs assessment (CHNA) during FY 2018. For purposes of community benefits programming and this report, the Community Benefit Service Area (CBSA) of University of Maryland Rehabilitation & Orthopaedic Institute is a diverse community geographically. As the largest provider of acute spinal cord injury rehabilitation in Maryland as well as traumatic brain injury, the majority of the community outreach strategic priorities and initiatives focus on serving the needs of the disabled adult community over four large areas of Baltimore City, Baltimore County, Howard County, and Anne Arundel County, Maryland.

The comprehensive assessment of the needs of the community was conducted utilizing the Association for Community Health Improvement's (ACHI) Six-step Community Health Assessment Process as an organizing methodology. The University of Maryland Rehabilitation & Orthopaedic Institute Leadership Team conducted the Community

Health Needs Assessment (CHNA) with input from other University of Maryland Medical Center community leaders, the public, community partners, health experts, and many former patients and families.

## CHNA Implementation Plan

The top priorities represent the intersection of documented unmet community health needs and the hospital's key strengths and mission. These priorities were determined after analyzing all of the data collected from the community health needs assessment. Health literacy is a priority throughout all UMMS hospitals and will be adapted to meet the unique literacy issues facing the respective communities served by UMMS hospitals. In addition to the shared priority of health literacy, University of Maryland Rehabilitation & Orthopaedic Institute identified strategic community priorities which will drive community outreach programming and partnerships over the next three years.

## Strategic Community Priorities:

- Quality of Life
- Transition to the Community
- Community Awareness

In accordance with the federal requirements outlined in the Patient Protection and Affordable Care Act (ACA), a formal community health needs assessment will be conducted again in fiscal year 2021 and every three years hereafter to identify changing community needs and strategic priorities. To review the Community Health Needs Assessment from FY2018 with Implementation Plans, go to <https://www.umms.org/rehab/community/health-needs-assessment>.

## Financial Assistance Policy

If you cannot pay for all or part of your care from our hospital, you may be able to receive free or lower cost services. For a free copy of our financial assistance policy and application, visit [www.umms.org/rehab/patients-visitors/for-patients/financial-assistance](http://www.umms.org/rehab/patients-visitors/for-patients/financial-assistance) or call 410-821-4140. If you have questions, need help applying or need help in another language, call 410-821-4140.

## Financials

