

Fiscal Years 2022-2024

Behavioral Health Team, LHIC Action Plan

Strategy: Community Education and Outreach:	Engage and educate all segments of the community on behavioral health to promote resources, to reduce stigma, and to increase awareness.			
Long Term or Outcome Objective:	Reduce the Charles County mental health emergency department visit rate from 2817.6 per 100,000 to 2676.7 per 100,000 (5% reduction).			
Activity/Key Action Steps	Measures	Key Partners	Timeline	Comments
Expand the Mental Health First Aid training in the Charles County Public Schools and in the general community.	Number of Mental Health First Aid Trainings Conducted Number of people educated on Mental Health First Aid Number of agencies represented at trainings	Charles County Public Schools Local Behavioral Health Authority Charles County Department of Health	July 1, 2021-June 30, 2024	
Promote and create behavioral health campaigns in Charles County to increase knowledge and reduce stigma.	Number of media campaigns initiated Number of community events where the campaigns were promoted Number of county residents who were educated on the campaigns Number of UMMS Community Conversations Number of UMMS Webinars on Mental Health and Behavioral Health promoted to the community	Charles County Department of Health University of Maryland Charles Regional Medical Center All Behavioral Health Team members	July 1, 2021-June 30, 2024	
Expand Crisis Intervention Training	Number of partners recruited Number of people trained Number of crisis intervention teams established	Charles County Department of Health Local Behavioral Health Authority Charles County Sheriff's Office La Plata Police Department Southern Maryland Criminal Justice Academy	July 1, 2021-June 30, 2024	

Strategy:	Increase county capacity to provide services and treatment for opioid use and overdose.			
Long Term or Outcome Objective:	Reduce the Charles County drug-induced death rate from 27 per 100,000 to 25 per 100,000.			
Activity/Key Action Steps	Measure	Key Partners	Timeline	Comments
Train county agencies and community members on Naloxone distribution and educate on replacing Narcan kits after expiration.	Number of trainings held	Charles County Department of Health	July 1, 2021- June 30, 2024	
	Number of individuals trained	Local Behavioral Health Authority		
	Number of agencies trained on Naloxone administration	University of Maryland Charles Regional Medical Center		
	Number of law enforcement officers trained	Charles County Department of Emergency Services		
	Number of Naloxone kits distributed	Charles County Sheriff's Office		
	Number of Naloxone kits replaced	La Plata Police Department		
Educate the community on the risks and dangers of using opioids and heroin.	Number of media campaigns developed and initiated	Charles County Department of Health	July 1, 2021- June 30, 2024	
	Number of adults educated on opioid risks	Local Behavioral Health Authority		
	Number of presentations given	University of Maryland Charles Regional Medical Center		
	Number of youth educated on the dangers of opioid use	Maryland Coalition for Families		
	Number of community events held on opioids	Charles County Public Schools		
Promote and expand the Charles County Sheriff's Office Prescription Take Back Program.	Number of flyers created	Charles County Department of Health	July 1, 2021- June 30, 2024	
	Number of Take Back days conducted	Local Behavioral Health Authority		
	Number of flyers distributed in the community	University of Maryland Charles Regional Medical Center		
	Number of new boxes installed at CCSO locations	Charles County Sheriff's Office		
	Number of pounds of medication disposed each year			
Expand the use of Peer Recovery Specialists within the county. Pilot program to dispatch peer recovery specialist to the scene of an overdose and to begin using ODMAP as a way to respond to opioid overdoses in real time. Also expand the peer recovery specialist program to conduct outreach to mothers with substance use disorders during pregnancy.	Number of peer recovery specialists currently working in Charles County	Charles County Department of Health	July 1, 2021- June 30, 2024	
	Number of new peer recovery specialists recruited to Charles County	University of Maryland Charles Regional Medical Center		
	Number of people assisted by peer recovery specialists			
	Number of overdoses where peer recovery specialists responded			
	Number of mothers educated or assisted by peer recovery specialists.			
	Number of overdoses identified through ODMAP			

<p>Promote the Charles County Sheriff's Office HOPE trailer to teach parents about the potential for drug and opioid use among children and adolescents.</p>	<p>Number of parents educated using the HOPE trailer</p> <p>Number of events where the HOPE trailer is in attendance</p>	<p>Charles County Department of Health</p> <p>Charles County Sheriff's Office</p>	<p>July 1, 2021- June 30, 2024</p>	
<p>Develop formalized data sharing processes between county agencies to improve responses to opioid overdoses by signing memorandum of understandings, creating a communication plan, and developing a tracking process to track and follow up on individuals who refuse EMS transport after overdose.</p>	<p>Number of MOU's signed</p> <p>Number of communication plans developed</p> <p>Number of tracking processes developed</p>	<p>Charles County Department of Health</p> <p>University of Maryland Charles Regional Medical Center</p> <p>Charles County Sheriff's Office</p> <p>Charles County Department of Emergency Services</p> <p>Charles County Opioid Intervention Team</p>		