

Sheila E. Woodhouse, MD, MBA, FACC

Dr. Sheila Woodhouse is a board-certified Cardiologist specializing in cardiovascular disease prevention, diagnosis, and treatment, multimodality cardiovascular imaging and clinical research. She has special interest and experience in the niche segments of Cardio-Oncology and Cardio Obstetrics. Dr. Woodhouse has a distinguished career as a practicing Physician Executive with a focus on patient centered models, quality, technology, and integration of healthcare data analytics to improve outcomes.

Dr. Woodhouse joined UM Capital Region Health Medical Group as Medical Director for Cardiology, Ambulatory. She brings 20 years of experience as a partner in a large progressive comprehensive private practice group and Academics at Emory Healthcare system in the Atlanta, Georgia, metropolitan area, where she has achieved an outstanding record of optimal patient outcomes and satisfaction scores.

Dr. Woodhouse created and sustained an extremely high quality-driven cardiovascular program, and she seeks to continue this work at University of Maryland Capital Region Health. Her approach is to be accessible, informative and create a working partnership with colleagues in Prince George's County and the surrounding areas.

As Medical Director, Dr. Woodhouse offers a comprehensive cardiovascular outpatient program that incorporates the use of new technologies and testing equipment. Her model has the essential outpatient diagnostic services needed for cardiovascular care under one roof. This allows patients easy access to heart and vascular diagnostic testing such as nuclear imaging, echocardiographic and vascular ultrasound, as well as arrhythmia monitoring.

Dr. Woodhouse is honored to be on staff at UM Capital Region Health. She is looking forward to getting to know and collaborating with the providers in the community to improve the health and wellness of the residents.

Dr. Woodhouse treats the full range of cardiovascular conditions and areas of clinical focus including but not limited to:

- Atherosclerotic and vascular disease
- Congestive heart failure
- Coronary artery and peripheral CTA
- Hypertension (high blood pressure)
- Lipidology
- Multimodality cardiovascular imaging
- Nuclear cardiology and MUGA
- Peripheral vascular disease
- Preventative cardiovascular medicine and risk assessment
- Transthoracic and transesophageal echocardiography and vascular imaging

In addition, Dr. Woodhouse has special interest in:

- Cardio-oncology
- Cardio-OB
- The Athlete's Heart
- Women with heart disease



Sheila E. Woodhouse, MD, MBA, FACC
Cardiovascular Disease Specialist

EDUCATION

Carnegie Mellon University, MCS, BS
Temple University School of Medicine

RESIDENCY AND FELLOWSHIP

Temple University Hospital, Internal Medicine
Cardiovascular Disease Fellowship
Chief Medical Resident

ADDITIONAL TRAINING

University of Washington, Healthcare Analytic
Certification

Georgia State University, Master of Business
Administration

BOARD CERTIFICATIONS:

Cardiovascular Disease
Adult Echocardiography
Cardiac Tomography Angiography
Nuclear Cardiovascular Imaging

PROFESSIONAL MEMBERSHIPS:

American
College of Cardiology (Fellow) American
Board of Internal Medicine
(Diplomat)

OFFICES AND CONTACT INFORMATION

UM Capital Region Health Medical Group NATIONAL HARBOR

251 National Harbor Blvd.
Suite 500
Oxon Hill, MD 20745
Office: 240-677-3000