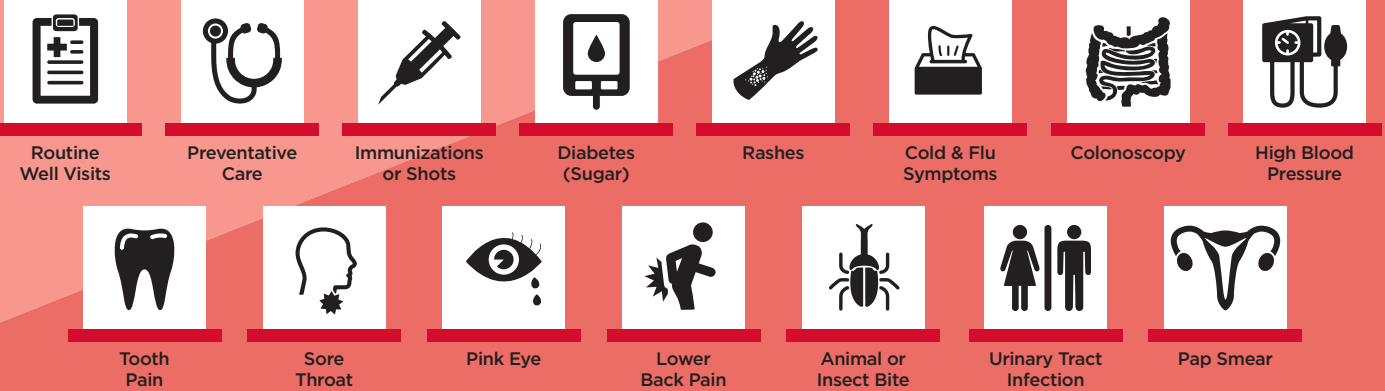


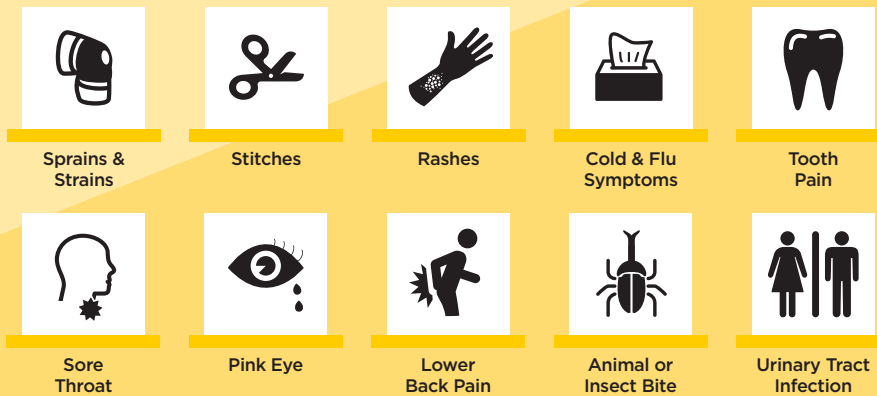
When to Visit Primary Care:

Your primary care doctor is your partner in good health and your main point of contact for your health care needs. Your doctor gives you routine care and will treat you when you have a problem that is not an emergency. You should see your doctor once a year and as needed to help you with ongoing health problems.



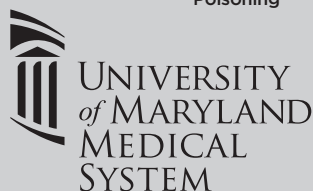
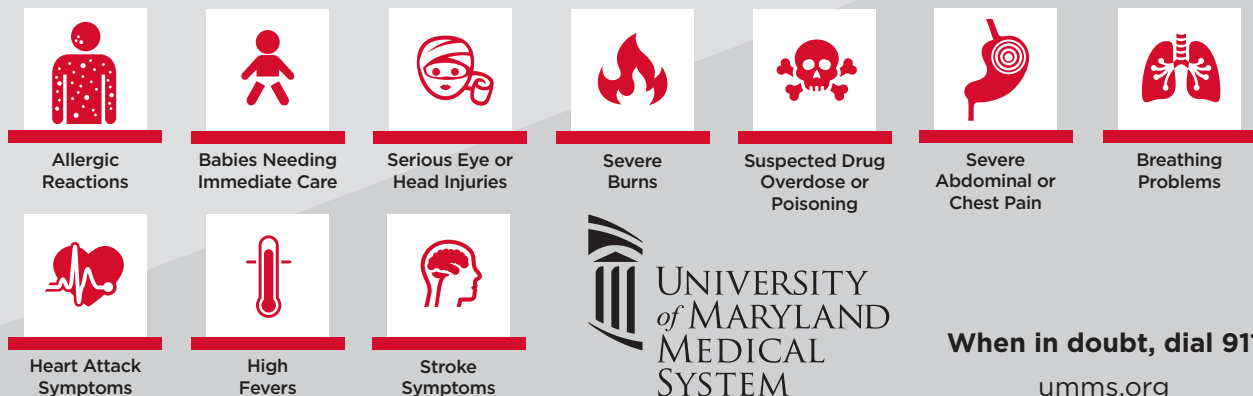
When to Visit Urgent Care:

When your primary care doctor isn't available, or if you are hurt from an injury and you need to see a doctor quickly, urgent care is there to help you. Urgent care can treat any health problem where you need to be seen quickly but is **not** an emergency. Urgent Care has evening and weekend hours when your primary care doctor may not be available.



When to Visit the Emergency Room:

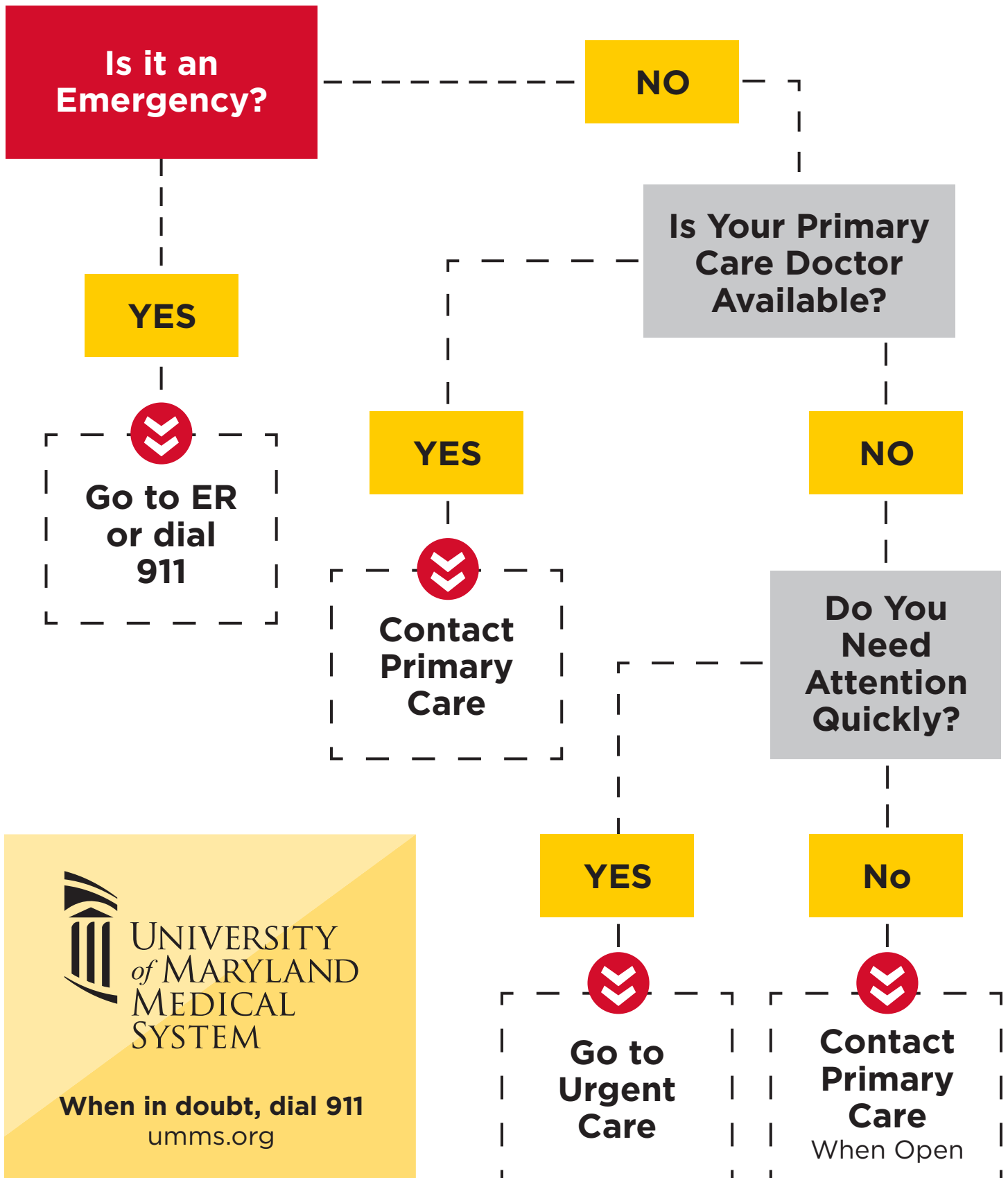
You should use the emergency room for any life or death emergency. You should follow up with your primary care doctor after a visit to emergency room.



When in doubt, dial 911
umms.org

Choosing Your Health Care Path

Do you know if you should go to your primary care doctor, urgent care or the emergency room?
Use the chart below as a guide.



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