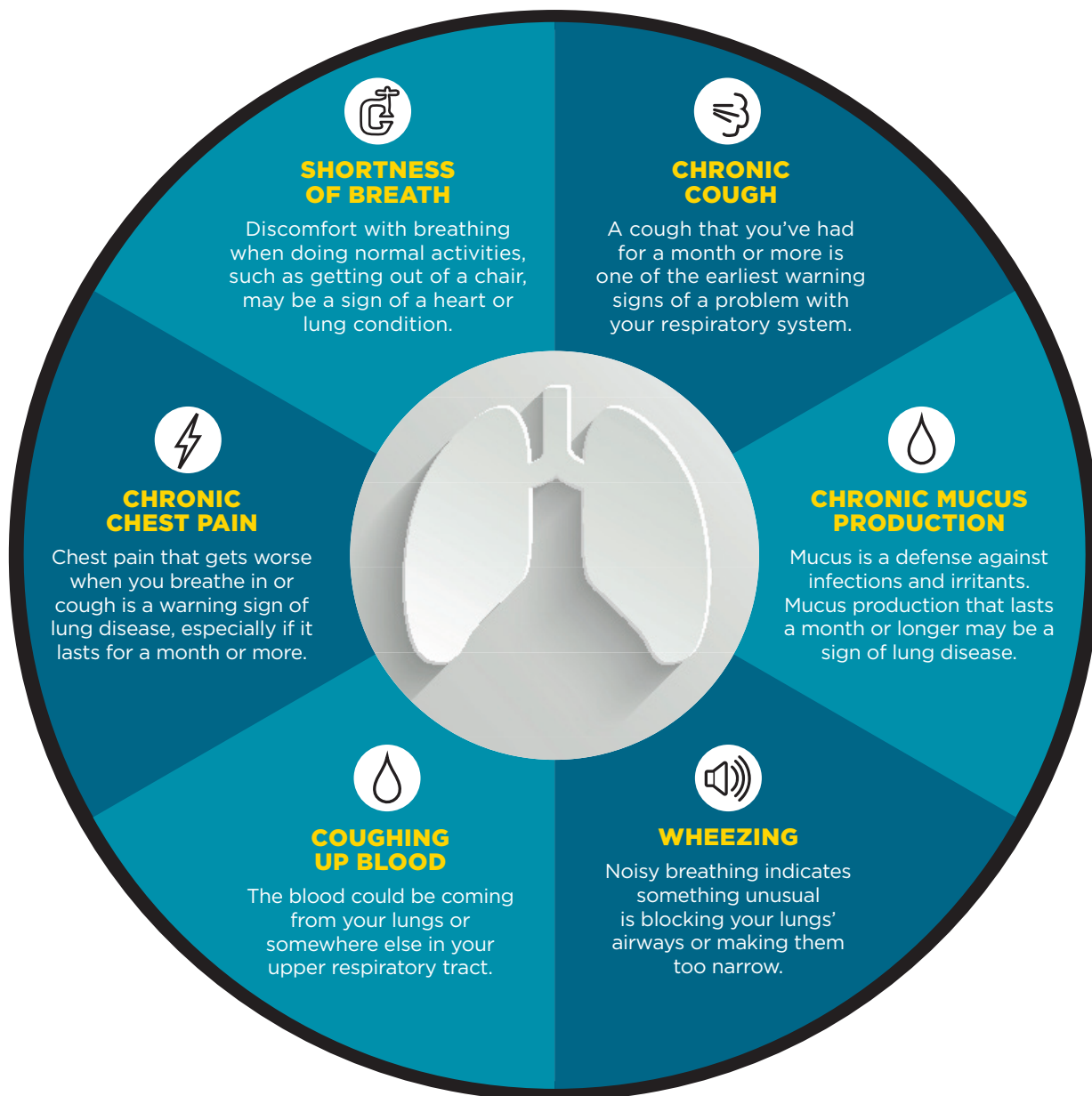


6 Lung Symptoms You Shouldn't Ignore

It's normal to cough occasionally or feel out of breath every once in a while. But if lung-related symptoms persist, it could be a sign of a lung disease, such as asthma, chronic obstructive pulmonary disease (COPD) or lung cancer. If you experience any of these lung disease warning signs, make an appointment with your health care provider.



SOURCE: AMERICAN LUNG ASSOCIATION

ALL ABOUT COPD

▶ More than 11 million Americans suffer from COPD, the third-leading cause of death in the U.S.

▶ In addition to the symptoms above, other signs of COPD are frequent respiratory infections, fatigue, and blueness of the lips and fingernail beds.

▶ Smoking causes roughly 90 percent of COPD cases.
▶ There is no cure for COPD, but the condition can be prevented and treated.