

As a regional health care facility in Anne Arundel County, **University of Maryland Baltimore Washington Medical Center** (UM BWMC) delivers health education and outreach services beyond the hospital walls to provide individuals with the tools they need to lead healthier lives. By combining education, health screenings and support groups, often with collaboration from community organizations and volunteers, UM BWMC offers programs for every member of the family.



## Activities

### Free Community Breast Cancer Screening

In partnership with Advanced Radiology, UM BWMC provided Pamper with a Purpose, a free breast cancer screening event. Throughout the event, 49 women were screened by UM BWMC clinical providers and given free mammograms. Women were also encouraged to enjoy a free lunch, take time to relax and participate in chair and hand massages, acupuncture, and aromatherapy.



### Hungry Harvest Produce Boxes

To address the critical and ever changing needs of Anne Arundel County students and their families during the Coronavirus (COVID-19) pandemic, UM BWMC has partnered with community organizations including the Caring Cupboard and Hungry Harvest to provide free boxed lunches, staple pantry item bags, hygiene kits, and fresh produce boxes at multiple Anne Arundel County Public Schools weekly since March 2020. Throughout the COVID-19 pandemic, UM BWMC has provided over 3,200 boxes of food and supplies to families in need.



### Heartbeat for Health

In celebration of Heart Month, UM BWMC provided Heartbeat for Health at Northeast High School. Over 350 attendees had access to dance and exercise demonstrations, health screenings and education, and all attendees were offered a free boxed lunch. This annual event provides attendees motivation to get moving in a fun way and to take steps towards building a healthier and more active lifestyle.



# Community Health Needs Assessment (CHNA)

The Anne Arundel County Community Health Needs Assessment (CHNA) is conducted every three years, and encompasses several research components including an analysis of data and key stakeholder interviews and focus groups. This data aids in the creation of an implementation plan that guides future community health initiatives. The 2019 CHNA focused on understanding current challenges and possible solutions to health care access, utilization and care coordination.

Key informants were interviewed and focus groups were held. Representation from hospital executives and providers, county leadership, public school system, chief of police, public housing residents, formally homeless youth, Hispanic community representatives, seniors, and early childhood advocates were included. The full CHNA can be read at [umbwmc.org/community/assessment-plan](http://umbwmc.org/community/assessment-plan).

We solicit community feedback on the most recent CHNA and Implementation Plan. Please contact [Rebecca.Doolley@umm.edu](mailto:Rebecca.Doolley@umm.edu).



## CHNA Implementation Plan (IP)

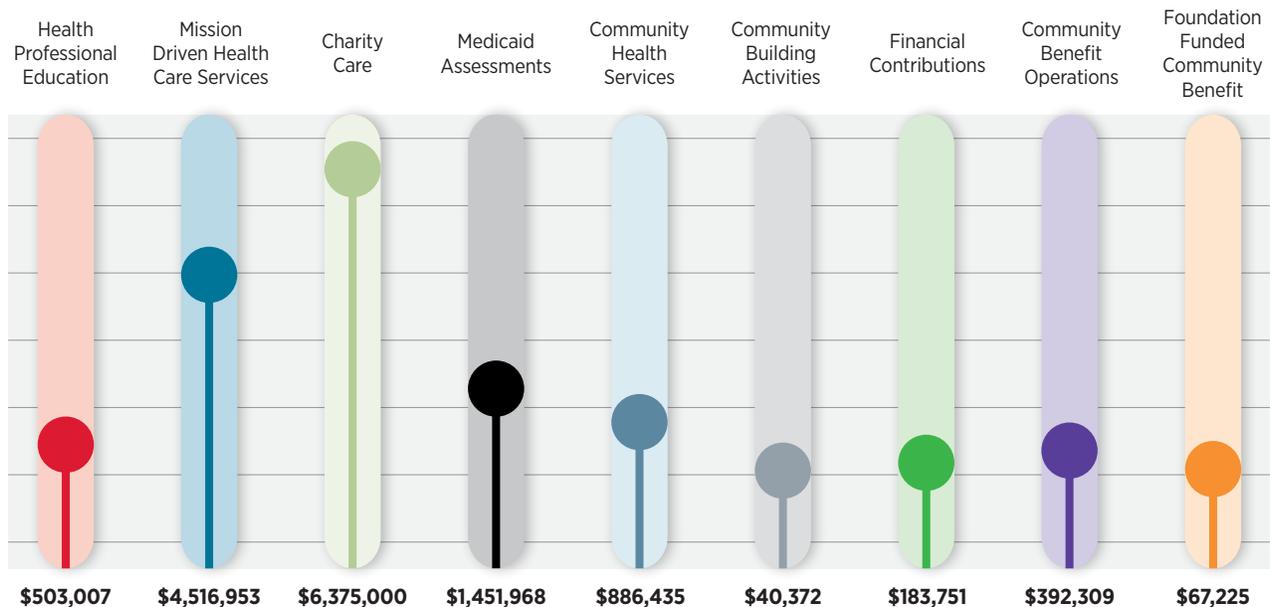
The findings in the Community Health Needs Assessment are used to address gaps in care and address the current challenges in health care access, utilization and care coordination. Using these findings, an implementation plan is compiled to show how UM Baltimore Washington Medical Center will improve the health of the surrounding community. The top three priorities in 2019 were:

1. Chronic Health Conditions (Cancer, Cardiovascular Disease, Diabetes, Obesity/Overweight, Chronic Lower Respiratory Diseases)
2. Behavioral Health
3. Health Care Access and Utilization

As health needs are ever changing, UM BWMC is committed to transforming our services to be a reliable health partner for our community.



## Financials



**\$14,417,020** TOTAL COMMUNITY BENEFIT