

Please note, you should not begin the registration process if you do not have all the information about your health history as outlined below. We do not refund for completed DOT examinations if we are unable to pass you for your CDL.

Vision

- If you require correction in your vision, you must be wearing your contact lenses and/or bring a pair of glasses with you to the examination.

Hearing

- If you wear hearing aids, you must bring the hearing aids with you.

Blood Pressure

- Your blood pressure MUST be below 140/90 on the day of your exam, or you may not qualify for a DOT card.

Heart

- If you have a heart attack, angioplasty (with or without stents), congestive heart failure, heart disease, or any heart surgery, a cardiologist consultation is required. You must bring your most recent cardiac stress test results (within the past 2 years), echocardiogram results (post heart attack, post bypass surgery, congestive heart failure) and a clearance letter from your cardiologist.
- If you have a pacemaker, you must bring documentation of your most recent annual pacemaker check (must be within 12 months). If you have an ICD (intracardiac defibrillator) or a dual ICD-Pacemaker you may not be qualified as a CMV driver.

Diabetes

- If you have Type 2 diabetes, you are required to bring a letter from your treating provider, either your PCP or endocrinologist, documents a HgbA1C level of less than 10% within the past three months and a clearance letter stating your diabetes is under control. Per the Federal Motor Carrier Safety Administration anyone who is an insulin dependent diabetic must have The Insulin Treated Diabetes Mellitus Assessment Form (MCSA-completed by their endocrinologist or primary care provider.

Sleep Disorder

- If you have sleep apnea or a sleep disorder, you will require a consult with a sleep specialist. If you currently using a CPAP machine, then you must bring proof of compliance with your CPAP which can be obtained from your CPAP machine supplier. which can be obtained from your CPAP machine supplier.

Psychiatric

- If you are being treated for adult depression, attention deficit/hyperactivity disorder, or any psychiatric disorder, you must provide documentation from your PCP or mental health provider about your diagnosis and treatment plan including medications and stability without side effects for clearance to drive a commercial vehicle.

Neurological

- If you have had a stroke or TIA (mini-stroke), seizure, intracranial bleed, brain infection, dizziness or episodes of passing out a neurological consult is required. You must bring a clearance from your neurologist.

Other

- Although the state of Maryland has decriminalized marijuana for medical and recreational use, the Federal Government has not. If you use medical marijuana under physician supervision or recreational marijuana you will not be able to receive a CDL certification.
- If you take the blood thinner Warfarin (Coumadin), you must provide documentation of monthly INR results.
You must have a therapeutic INR within a month of your certification
- If you have an abdominal, thoracic, or other aneurysm or have had surgery for an aneurysm you will need a letter from your vascular surgeon clearing you to drive a commercial vehicle.
- Bring a list of ALL medications you are taking, including dosages.
- If you have experienced the permanent loss or use in an arm or leg, please bring an overview from your physician or the injury and any work restrictions due to that injury. You may need a Skilled Performance Examination in order to qualify for your DOT certification.