One of the fastest growing counties in Maryland, Charles County is a charming community steeped in culture and history — and University of Maryland Charles Regional Medical Center (UM CRMC) is in the heart of it all. Generations of families have been born in this community hospital and continue to trust the staff with their health and safety. UM Charles Regional has provided excellence in acute health care and preventive services in Charles County and the surrounding communities for more than 80 years.

**MAJOR CENTERS AND SERVICES**

In 2021, we continued to expand medical services at the UM Charles Regional Medical Group's Medical Pavilion, opening a new Endoscopy Center and outpatient surgery care facility to join existing outpatient services including breast health, primary care, physical and occupational rehabilitation, and the state-of-the-art Bill and Julie Dotson Imaging Center. This year we plan to open a second primary care office in Bryans Road.

A highly skilled team of surgeons provides the very best surgical and post-surgical care. The surgical services suite includes an endoscopy suite, four operating rooms, and two more rooms equipped for minor procedures.

In partnership with UM Charles Regional Medical Group, UM CRMC offers a women's health practice in Waldorf and La Plata, a breast health practice in La Plata, a primary care practice in La Plata, surgical care practices in Waldorf and La Plata, a diabetes and endocrinology practice in Waldorf, a gastroenterology practice in La Plata and Waldorf, and in the fall we opened a new behavioral health practice in La Plata—addressing a critical need identified in our community health needs assessment.

The Center for Wound Healing offers highly specialized treatments for chronic wounds, including negative-pressure wound therapy, bio-engineered tissue, biosynthetic dressings, growth factor therapies, and hyperbaric oxygen therapy.

UM Charles Regional is designated as a Primary Stroke Center by the Maryland Institute for Emergency Medical Services Systems, and offers a support group for survivors of stroke or traumatic brain injury and their caregivers.

UM Charles Regional Medical Center is pleased to provide its patients with the Meds to Beds program, a safe and convenient way to obtain new medications before a patient leaves the hospital. Through this program, a local pharmacy can deliver prescribed medications right to a patient’s hospital room before they are discharged.

**QUICK NUMBERS**

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<table>
<thead>
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<tbody>
<tr>
<td>Licensed Beds</td>
<td>99</td>
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<tr>
<td>Employees</td>
<td>758</td>
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<tr>
<td>Medical Staff</td>
<td>246</td>
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**FISCAL 2021 FIGURES**

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<tbody>
<tr>
<td>Admissions</td>
<td>5,510</td>
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<tr>
<td>Emergency Department Visits</td>
<td>42,013</td>
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<tr>
<td>Outpatient Surgeries</td>
<td>4,241</td>
</tr>
<tr>
<td>Inpatient Surgeries</td>
<td>1,697</td>
</tr>
<tr>
<td>Births</td>
<td>508</td>
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As COVID cases continued in 2021, UM Charles Regional responded by continuing to administer "Protect Your Lungs," a campaign to foster pneumonia prevention education and help COVID-19 patients continue their recovery once they leave the hospital; administered a COVID vaccination program for employees and community members free of charge; and successfully implemented a vaccination campaign for staff with a participation rate in excess of 98%.

UM Charles Regional continued to expand the practices of the UM Charles Regional Medical Group to improve access to health care throughout our community. In March, we added three new members—Dr. David Caiseda, Dr. Lauren Outlaw, and Nurse Practitioner Vontrese Warren—to our team of Women's Health providers. Certified lymphedema specialist Ann Haynes, PTA, joined Charles Regional Rehabilitation in La Plata in March, specializing in treating breast cancer patients; Dr. Sevil Aliyeva joined the Diabetes and Endocrinology practice in May; we welcomed Dr. Rumbidzayi Nzara as a general surgeon in June; and Dr. Sagal Ali came to our growing Gastroenterology practice in August.

In addition to welcoming new providers, UM Charles Regional welcomed growth in its medical leadership team in 2021. Dr. Ivelisse Michel was appointed Chief of Staff for the hospital in February, after more than a decade of providing inpatient care at the hospital. She is our first Latina chief of staff. In June, Noel G. Janolino, MPH, MT, was named the hospital’s new director of laboratory services.

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**Community Milestones**

UM Charles Regional completed a comprehensive Community Health Needs Assessment in June 2021. Completed during the pandemic, this assessment involved conducting focus groups and utilizing completed surveys to help identify the top health needs of Charles County residents. The assessment, which is completed every three years, will serve as a benchmark for ongoing community health improvement initiatives.

In October, we welcomed Stefanie McHugh as the new executive director of the Charles Regional Medical Center Foundation, which takes the lead in fundraising to help carry out the hospital’s vision for a stronger future. Through a strong tradition of special events and charitable gift planning, the Foundation is preparing UM Charles Regional to meet the health care needs of those who work and live in our community.

**Awards**

- Healthgrades recognized our hospital in three areas:
  - Excellence in Critical Care for superior clinical outcomes in treating pulmonary embolism, respiratory failure, sepsis, and diabetic emergencies.
  - Excellence in Pulmonary Care for treating COPD and pneumonia.
  - Excellence in Gastrointestinal Care for superior clinical outcomes in colorectal surgeries, gallbladder removal, upper GI surgery, and for treating bowel obstructions, GI bleeds, and pancreatitis.

- US News and World Report honored UM Charles Regional as a High-Performing Hospital for COPD care, and for treating kidney failure.

- UM Charles Regional is designated as a Primary Stroke Center by The Maryland Institute for Emergency Medical Services Systems (MIEMSS).

- The American Heart Association honored UM Charles Regional with a Stroke Gold Plus award for its stroke program, and with the Honor Roll award for its Type 2 diabetes program.

- The Maryland Patient Safety Center named UM Charles Regional a Circle of Honor winner for Patient Safety Innovation.

- UM Charles Regional is a founding member of Partnerships for a Healthier Charles County, which serves as a forum for collaboration and information sharing between county agencies and services.

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Updated January 2022, based on FY21 numbers.